

# Position Description

<b>Position Title:</b>	First Year Psychiatry Trainee Registrar
<b>Reports to:</b>	Clinical Director - Psychiatry
<b>Department:</b>	Adult & Older Adult - HMO
<b>Directorate:</b>	Community Care & Mental Health & Chief Allied Health Officer
<b>Cost centre:</b>	H0252
<b>Code &amp; classification:</b>	Hospital Registrar Year 1- 6 (HM25-HM30)
<b>Employment conditions:</b>	Victorian Public Health Sector Doctors in Training EBA 2022 – 2026 and its successors, and GV Health Policies and Procedures (and as varied from time to time)

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**GV Health is an equal opportunity employer and continually strives to build a diverse, equitable and inclusive workforce that reflects our community. We encourage applications from people of all backgrounds.**

Statements included in this position description are intended to reflect in general the duties and responsibilities of the position. It is not intended to be an exhaustive list of responsibilities, duties and skills required. GV Health may alter the duties of this position description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).

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## POSITION SUMMARY

The Registrar will be predominantly based in Shepparton caring for inpatients and outpatients. Most mental health programmes are located at the Graham Street site. Registrars may be required to work offsite including clinics in Shepparton outside hospital campus, visiting Seymour or Cobram and performing home visits.

The basic and advanced training registrars are expected to adhere to the following guidelines in performing their training, work and other tasks as part of their role with GV Health. These principles are a guide only and the Registrars are encouraged to adapt to any new roles / expectations from time to time depending on the needs of the organisation.

## GOULBURN VALLEY AREA MENTAL HEALTH SERVICE (GVAMHS)

A department of Goulburn Valley Health which provides an innovative range of services for people suffering from or at risk of serious mental health problems requiring short- and long-term support and care. GVAMHS caters to the need of a growing population of more than 150,000 people in North-Central Victoria extending from the outer fringes of metropolitan Melbourne in the south, up to the Murray River in the north. The services are provided to the municipalities of Mitchell, Murrindindi, Strathbogie, City of Greater Shepparton and Moira. GVAMHS aims to provide consumer/carer focused and culturally sensitive practice for people living within the region.

GVAMHS is affiliated with the Rural Clinical School at the University of Melbourne in Shepparton to provide teaching for medical student. The service has an active academic and research environment with regular structured teaching activities. In the past eight years, our staff have published more than 35 papers in national and international peer reviewed journals.

## **TRAINING IN PSYCHIATRY WITH GVAMHS**

GVAMHS is currently accredited for basic psychiatry training and advanced training in General Adult Psychiatry, Old Age Psychiatry, Consultation Liaison Psychiatry, Addiction Psychiatry and Child & Adolescent Psychiatry. Our psychiatry training program is designed to facilitate and provide all the training and educational needs as per RANZCP requirements. The service endeavours to maintain an environment that is conducive and encouraging for the trainees to achieve their individual educational and career goals.

### **Subspecialties:**

#### **Adult Mental Health Service**

This service is provided to people aged between 16-64 years of age. The inpatient service is located on the GV Health Campus in Shepparton. Community Services are available to provide assessment, acute care and case management from teams based at Monash Street Shepparton and Beta Street Seymour.

**Located at: Shepparton, Seymour**

#### **Wanyarra Acute Inpatient Unit**

Wanyarra is a 20-bedded acute psychiatric inpatient unit with a capacity for managing 15 adult (16+) and 5 aged (65+) patients residing in the Goulburn Valley and Lower Hume areas.

**Located at: Shepparton**

#### **Aged Persons Mental Health Service**

This service provides assessment, treatment, case management, acute inpatient care and psychogeriatric nursing home care for eligible people over the age of 65 years, or under 65 years if the person has an aged related condition.

**Located at: Shepparton**

#### **Child and Adolescent Mental Health Service**

The Child and Adolescent Mental Health Service (CAMHS) primarily provide specialist community-based mental health services to infants, children, and youth aged 0-18 years and their families/carers.

The CAMHS provides leadership and clinical governance to several specialist programs including:

- Infant and Early Childhood Mental Health Clinic (0-5 years)
- Neurodevelopmental Psychiatry Clinic (0 to 18 years)
- Early Psychosis Service (12-25 years)
- Youth Justice (12-25 years)
- Homelessness Youth Dual Diagnosis (12- 21 years)
- Perinatal and Emotional Mental Health (PEHP) program
- Headspace (12-25 years)

**Located at: Shepparton**

#### **Consultation Liaison Psychiatry**

Our CLP team provides in-hospital CL services for inpatients referred by other specialties including Rehabilitation Service, Medical, Surgical, Oncology, and Obstetrics. The CLP outpatient clinic at GV Base hospital offers long term follow up for patients with various chronic medical conditions and specialist psycho-oncology clinic at oncology department. In addition, there is dedicated out-patient clinic at the local aboriginal

health service- Rumbalara Health Service to provide input for people of indigenous origin suffering from physical and mental health comorbidities including longitudinal follow-up of patients with chronic physical illness.

### **Primary Mental Health & Triage**

This arm of GVAMHS is an interface between the Mental Health Service and other agencies including services that are internal as well as external to GV Health. It is therefore part of Consultation Liaison Psychiatry. Primary Mental Health service provides free information, assessment and treatment for depression and anxiety, to all people of all age groups and cultural backgrounds.

A Primary Mental Health team member will first meet with the individual to learn more about their concerns. The team member will then work closely with their doctor or community health worker to develop an assessment, treatment and support plan to help address issues relating to depression and anxiety.

The service can arrange an appointment with a psychiatrist if needed or short-term psychological treatment. A range of group programs are also available.

**Located at: Shepparton**

### **Addiction Psychiatry**

GVAMHS has collaborated with Addiction Medicine services delivered through Goulburn Valley Alcohol and Drug Services (GVADS). The service is expected to gain accreditation for advanced training in Addiction Psychiatry soon. The trainee works across GVADS and Adult Psychiatry Community Services.

**Located at: Shepparton.**

### **Residential Rehabilitation Service**

GVAMHS offers both long-term and short-term psychosocial rehabilitation for people with mental illness. We have collaborated for more than a decade with Wellways (previously Mental Illness Fellowship) of Victoria, a non-governmental organisation, to establish a 10-room long stay Special Residential Rehabilitation Program (SRRP).

This partnership also saw the opening of the first Prevention & Recovery Care (PARC) program in Australia in 2003. PARC is a step-up/step-down program for people with mental illness.

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## **RESPONSIBILITIES AND DUTIES**

**The following duties are inclusive of but not limited to**

- Perform history taking, mental status and risk assessment, diagnosis and provide care for the patients.
- Able to work within the multidisciplinary teams focusing on performing their duties within the systems framework for clinical care.
- The day-to-day assessment and management of the patients in their rotational placements.
- Coordinate and document admission, management and discharge planning of patients admitted to the inpatient unit.
- Discharge planning, including preparation of a discharge summary and other components of handover of care between teams.
- Completion of necessary legal paperwork required under the Mental Health Act 2014, and attendance at Mental Health Tribunal hearings as required.
- Appropriate documentation of clinical and all other activities relevant to their role.
- Seek timely supervision from clinical supervisors regarding patient care.
- Provide supervision for Junior Medical Staff as and when required.

- The position involves duties performed both in working hours and during out-of-hour on-call duties.
- Be competent to use telehealth facilities for providing patient care.
- Active participation in various meetings including multi-disciplinary meetings relevant to their placement.
- Ensure focus on Occupational health and safety whilst working for the service.
- Provide a high-quality service to internal customers and consumers that reflects best practice and adds value to GV Health
- Assist the organisation in achieving clinical effectiveness by providing the appropriate systems, information or services to clinical areas

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## **KEY SELECTION CRITERIA**

### **Formal Qualification(s) and Required Registration(s):**

- Current registration with the Australian Health Practitioner Regulation Agency as a Medical Practitioner

### **Essential:**

- Registered with RANZCP as a Psychiatry Trainee
- Experience as Medical Practitioner in Psychiatry.
- Educational or training experience in field of mental health.
- Ability to undertake roles and responsibilities as mentioned in job description
- Effective communication and interpersonal skills, including the ability to relate positively and appropriately with patients, colleagues and others.

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## **KEY PERFORMANCE INDICATORS**

### **Your performance will be measured through your successful:**

- Demonstration of GV Health values and behaviours, being a role model for living the values, Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
- Development and maintaining of collaborative relationships with all other teams and professionals;
- Promoting and enabling of efficient teamwork and service provision both within the department and/or organisation and with other service providers;
- Ability to contribute to a safe working environment and ensure compliance with legislative requirements concerning Occupational Health and Safety, anti-discrimination, and equal opportunity;

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## **AT GV HEALTH ALL STAFF ARE REQUIRED TO**

- Demonstration of GV Health values and behaviours, being a role model for living the values, Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
- Maintain an understanding of individual responsibility for consumer safety, quality and risk and adhere to the relevant policies, procedures and guidelines;
- Development and maintaining of collaborative relationships with all other teams and professionals;
- This role may from time to time deal with distress, anxious or upset consumers or members of the public. GV Health is committed to the physical and psychosocial safety of our staff. GV Health staff are

required to comply with all safety related training, look after the safety and well-being of themselves and each other, and actively foster a safe working environment;

- Maintain a safe working environment for yourself, your colleagues and members of the public;
- Identify, report and manage risks and ensure actions are taken to prevent and minimise harm to consumers and the GV Health workforce;
- Contribute to organisational quality and safety initiatives;
- Observe and comply with child safe principles, standards and expectations of appropriate behaviour toward and in the company of children;
- Complete the mandatory training requirements as defined by GV Health and actively engage in the Performance Development Review process;
- Minimise the risk of infection to consumers, residents, employees, visitors, contractors and the general public;
- Seek internal customer or consumer feedback and respond accordingly to identify areas of needs;
- Comply with requirement of National Safety and Quality Health Service Standards and other relevant standards, regulations and legislative requirements;
- Comply with the principles of patient and family centred care;
- Not smoke or vape on GV Health premises;
- Comply with immunisation requirements as per the Department of Health Victoria;
- Comply with all applicable to position pre-employment checks, which may include but is not limited to; police checks, working with children's check (WWCC), National Disability Insurance Scheme (NDIS), Aged Care screening requirements.

**ACCEPTANCE:**

I acknowledge and accept that this Position Description represents the general outline of duties, responsibilities and accountabilities that are expected of me in my employment in the position, and may not encompass every aspect of the position. I understand that The GV Health reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

I acknowledge and accept that I must complete and maintain all relevant pre-employment screening and checks for successful employment.

I acknowledge and accept that that I have read and fully understand this Position Description. I agree that I have the ability to fulfil the inherent requirements of the position, and accept my role in fulfilling the responsibilities, activities, duties and generic position requirements.

I acknowledge I will be required to undertake the duties as set out in the position description (and any other duties as requested in accordance with my skills and experience) to the best of my ability and, at all times follow lawful direction.

By accepting the contract of employment, I am agreeing to duties and obligations within the Position Description.

**Directorate**

**First Year Psychiatry Trainee Registrar**

**Reviewed by:**

Clinical Director - Psychiatry

**Issue Date:**

April 2025

## ABOUT US

Goulburn Valley (GV) Health is a Regional Public Hospital and Health Service for the Hume Region of Victoria, with main campuses located at Shepparton, Tatura, Rushworth and Euroa. The main campus in Shepparton is the major acute referral hospital for the sub region. Additional satellite sites are also located in Shepparton, Seymour, Benalla, Cobram, Echuca and Wodonga. GV Health provides a range of acute, subacute, mental health, aged, primary health and community services.

## OUR PURPOSE

To significantly improve the health and wellbeing outcomes and experiences of the people and communities in our care.

## OUR VALUES

GV Health's culture centres around our CREATE values and behaviours. Through these values and behaviours we commit to delivering ongoing quality healthcare for our community:



GV Health Vision and Values: [Values and Vision - GV Health](#)

## OUR STRATEGIC PLAN

The **Goulburn Valley Health Strategic Plan 2024-2026** provides the direction for GV Health with our five strategic pillars being:

- Health and Wellbeing Outcomes: Improve health and outcomes for the population in our region
- Community and Consumer Experience: Ensure everyone has an outstanding personalised experience
- Our Staff Experience: Our people feel connected, supported, safe and well
- Responsible Workplace: Be sustainable and efficient
- Health Equity: Embrace differences in how we design and deliver healthcare

GV Health Strategic Plan: [Strategic Plan 2024-2026 - GV Health](#)

## FOR MORE INFORMATION

**Application tips:** [Application Tips - GV Health](#)

**GV Health:** <https://www.gvhealth.org.au/about/>

**Child Safety and Wellbeing:** [Child Safety and Wellbeing - GV Health](#)

**Living in Goulburn Valley:** [Goulburn | Regional Living Victoria](#)

**GV Community Connector:** [Community Connector Program for Businesses](#)