

# Position Description

<b>Position Title:</b>	Clinician - YPARC
<b>Reports to:</b>	Manager - Infant Child and Youth Mental Health and Wellbeing Service
<b>Department:</b>	Infant, Child and Youth Mental Health and Wellbeing Services
<b>Directorate:</b>	Community Care & Mental Health & Chief Allied Health Officer
<b>Cost centre:</b>	H0514
<b>Code &amp; classification:</b>	Registered Psychiatric Nurse Grade 3, Years 1 – 4 (NP81 - NP74), Social Worker Grade 3, Years 1 – 4 (YC46 – YC49), Occupational Therapist Grade 3, Years 1 – 4 (YB24 – YB27)
<b>Employment conditions:</b>	Victorian Public Mental Health Services Enterprise Agreement 2025 – 2028 and its successors, and GV Health Policies and Procedures (and as varied from time to time)

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**GV Health is an equal opportunity employer and continually strives to build a diverse, equitable and inclusive workforce that reflects our community. We encourage applications from people of all backgrounds.**

Statements included in this position description are intended to reflect in general the duties and responsibilities of the position. It is not intended to be an exhaustive list of responsibilities, duties and skills required. GV Health may alter the duties of this position description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).

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## POSITION SUMMARY

The Youth Prevention and Recovery Care (YPARC) is a sub-acute residential mental health service designed for young people aged 16-25 years. The service provides short-term, recovery-focused, mental health treatment care and support for young people who are either stepping down from inpatient care or stepping up from community care to prevent acute deterioration. This is provided in partnership with a non-government organisation with a strong focus on facilitating a network-centred care. The YPARC offers a therapeutic, home-like environment where young people can build coping skills and re-engage with their personal and recovery goals, supporting engagement with their community.

The YPARC Clinician will provide compassionate mental health treatment care and support in response to the young person's identified recovery goals. The young person's identified network, including family, carers and supporters will be engaged early in the recovery journey. The role will play a key role in providing high standards of comprehensive clinical mental health care that is responsive to the young person's developmental stage and presenting issues and informed by existing evidence and guidelines.

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## RESPONSIBILITIES AND DUTIES

**The following duties are inclusive of but not limited to the following:**

- Undertake mental health assessments which support the young person and their network in developing an understanding of their current mental health challenges including shared formulations and development of recovery goals.
- Completion of risk assessments and co-development of risk management strategies and plans in partnership with the young person and their identified network

- Assist to organise and facilitate network meetings including the young person and the services and supports identified by the young person to assist in their recovery.
- Provision of psychoeducation including education regarding prescribed medications, the rationale for same and monitoring potential side effects. Supporting close engagement and relationships with medical staff.
- Provision of evidence based psychological and psychosocial interventions both individual and group.
- Work together with NGO staff to address identified psychosocial goals, and participate and cofacilitate group programs.
- Initiate and maintain organisational relationships with key community stakeholders
- Initiate and maintain internal relationships with clinical mental health services across the region
- Collection of required data and completion of clinical documentation in a timely manner

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## **KEY SELECTION CRITERIA**

### **Formal Qualification(s) and Required Registration(s):**

- Current registration with the Australian Health Practitioner Regulation Agency as a Registered Nurse, Occupational Therapist or Social Worker with eligibility for membership of AASW

### **Essential:**

- A minimum of 12 months experience in clinical practice within clinical mental health services, including working with young people experiencing psychological distress and mental health disorders
- Demonstrated clinical skills including the ability to provide mental health assessments inclusive of mental state examinations and risk assessments
- Experience in working with young people and their networks to develop individual treatment and recovery plans.
- Experience in engaging with young people in the provision of evidence based psychological and psychosocial strategies
- Experience in working in partnership with external agencies to support the recovery of people experiencing mental health challenges
- Highly developed organisational, administrative and time management skills
- Knowledge of key social factors impacting on wellbeing of young people
- Understanding of the recommendations of the Royal Commission into Victorian Mental Health Services and how they apply to Youth Mental health.

### **Desirable:**

- Experience working in youth mental health and wellbeing service
  - Experience working in a PARC residential service
  - Understanding of and/or training in the provision of an Open Dialogue informed approach
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## KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful achievement of:

- Rostering which is completed in accordance with the relevant Enterprise Agreement requirement
  - Provision of treatment, care and support to young people and their networks
  - Engagement in clinical supervision
  - Collection and timely submission of required data
  - Development and maintenance of collaborative relationships with other teams and stakeholders
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## ALL GV HEALTH STAFF ARE REQUIRED TO

- Demonstrate GV Health's CREATE values and behaviours and being a role model for living the values of Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
  - Maintain an understanding of individual responsibility for consumer safety, quality and risk and adhere to the relevant policies, procedures and guidelines;
  - Develop and maintain collaborative relationships with all other teams and professionals;
  - Promote and enable efficient teamwork and service provision both within the department and/or organisation and with other service providers;
  - Contribute to a safe working environment and ensure compliance with legislative requirements concerning Occupational Health and Safety, anti-discrimination, and equal opportunity;
  - Identify, report and manage risks and ensure actions are taken to prevent and minimise harm to consumers and the GV Health workforce;
  - Contribute to organisational quality and safety initiatives;
  - Observe and comply with child safe principles, standards and expectations of appropriate behaviour toward and in the company of children;
  - Complete and maintain all mandatory training requirements as defined by GV Health and actively engage in the Performance Development Review process;
  - Minimise the risk of infection to consumers, residents, employees, visitors, contractors and the general public;
  - Comply with requirements of the National Safety and Quality Health Service Standards and other relevant standards, regulations and legislative requirements;
  - Comply with the principles of patient and family centred care;
  - Not smoke or vape on GV Health premises;
  - Comply with immunisation requirements as per the Victorian Department of Health Victoria;
  - Comply with all applicable position pre-employment checks that are relevant to the role, which may include but is not limited to; police checks, Working with Children's Check (WWCC), National Disability Insurance Scheme (NDIS) and Aged Care screening requirements;
  - In this role you may occasionally interact with distressed, anxious or upset consumers or members of the public. GV Health is committed to the physical and psychosocial safety of our staff. All staff are required to comply with all safety related training, look after the safety and well-being of themselves and each other, and actively foster a safe working environment.
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**ACCEPTANCE:**

I acknowledge and accept that this Position Description represents the general outline of duties, responsibilities and accountabilities that are expected of me in my employment in the position, and may not encompass every aspect of the position. I understand that GV Health reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

I acknowledge and accept that I must complete and maintain all relevant pre-employment screening and checks for successful employment.

I acknowledge and accept that that I have read and fully understand this Position Description. I agree that I have the ability to fulfil the inherent requirements of the position, and accept my role in fulfilling the responsibilities, activities, duties and generic position requirements.

I acknowledge I will be required to undertake the duties as set out in the position description (and any other duties as requested in accordance with my skills and experience) to the best of my ability and, at all times follow lawful direction.

By accepting the contract of employment, I am agreeing to duties and obligations within the Position Description.

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**Community Care & Mental Health & Chief Allied Health Officer    Clinician - YPARC**

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**Reviewed by:** Manager – Infant, Child & Youth Mental Health & Wellbeing Services

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**Issue Date:** April 2026

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## ABOUT US

Goulburn Valley (GV) Health is a Regional Public Hospital and Health Service for the Hume Region of Victoria, with main campuses located at Shepparton, Tatura, Rushworth and Euroa. The main campus in Shepparton is the major acute referral hospital for the sub region. Additional satellite sites are also located in Shepparton, Seymour, Benalla, Cobram, Echuca and Wodonga. GV Health provides a range of acute, subacute, mental health, aged, primary health and community services.

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## OUR PURPOSE

To significantly improve the health and wellbeing outcomes and experiences of the people and communities in our care.

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## OUR VALUES

GV Health's culture centres around our CREATE values and behaviours. Through these values and behaviours we commit to delivering ongoing quality healthcare for our community:



GV Health Vision and Values: [Values and Vision - GV Health](#)

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## OUR STRATEGIC PLAN

The **Goulburn Valley Health Strategic Plan 2024-2026** provides the direction for GV Health with our five strategic pillars being:

- Health and Wellbeing Outcomes: Improve health and outcomes for the population in our region
- Community and Consumer Experience: Ensure everyone has an outstanding personalised experience
- Our Staff Experience: Our people feel connected, supported, safe and well
- Responsible Workplace: Be sustainable and efficient
- Health Equity: Embrace differences in how we design and deliver healthcare

GV Health Strategic Plan: [Strategic Plan 2024-2026 - GV Health](#)

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## FOR MORE INFORMATION

**Application tips:** [Application Tips - GV Health](#)

**GV Health:** <https://www.gvhealth.org.au/about/>

**Child Safety and Wellbeing:** [Child Safety and Wellbeing - GV Health](#)

**Living in Goulburn Valley:** [Goulburn | Regional Living Victoria](#)

**GV Community Connector:** [Community Connector Program for Businesses](#)