

# Aged Care Mental Health ECHO (ACMH) ECHO

This community of practice has been established to invest in and support our aged care workforce to care for our most vulnerable members of our community. It is led by Dr Rajlaxmi Khopade, Consultant Old Age Psychiatrist, and Ms Kate Furlanetto, Aged Clinical Nurse Educator from Older Adult Mental Health and Wellbeing Team (OAMHWT).

## ZOOM IN AND LEARN:

- Clinical case discussions
- Learn new approaches and skills
- Receive feedback and recommendations

## WHAT IS PROJECT ECHO?

Extension of community Healthcare Organisation (ECHO) is an “all teach, all learn” approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

**Aged care workforce and primary care providers – clinical and non-clinical are welcome**

**When:** Monthly sessions on Tuesdays, 1.30pm – 2.30pm, via Zoom

**Cost:** Free | **Join Zoom:** [Click here to join the Zoom](#) | **Contact:** [lisa.pearson@gvhealth.org.au](mailto:lisa.pearson@gvhealth.org.au)

Date	Title	Presenter
10 February 2026	Aged Care Reform - A Big Opportunity	Ms Briony Underwood, Education Team Leader, Elders Rights Australia
10 March 2026	Diagnosis - How Important is it?	Dr Mark Bevan, Consultant Psychiatrist, GV Health
31 March 2026	Depression - Persistent Symptoms can Wear a Person Down	Associate Professor Ravi Bhat, Divisional Clinical Director, GVAMHWS, GV Health
21 April 2026	Depression - How to Support Someone	Associate Professor Ravi Bhat, Divisional Clinical Director, GVAMHWS, GV Health
12 May 2026	Anxiety - More than Worry	Dr Terence Chong, Senior Lecturer, Old Age Psychiatry, Department of Psychiatry, The University of Melbourne
9 June 2026	Psychosis - That is Strange	Dr Vivek Phutane, Old Age Psychiatrist, Director of ECT, GVAMHWS, GV Health
14 July 2026	Adjustment Disorder - Change is Hard	Dr Rajlaxmi Khopade, Old Age Psychiatrist, GVAMHWS, GV Health



New attendees welcome at any time – regular attendance not required.  
For more information visit [GV Health website](http://www.gvhealth.org.au).

