

Perinatal & Early Childhood Mental Health ECHO



This program is for providers who want to improve the mental health care for their patients. Led by Dr Vibhay Raykar (Infant and Child Psychiatrist) and Dr Raju Lakshmana (Perinatal Psychiatrist) and facilitated by Goulburn Valley Health perinatal and child mental health specialists, the program is designed to expand the capacity to care for mental health in the Goulburn Valley region. One hour sessions include a brief education session by a specialist in the field, followed by a case presentation and discussion.

Using real time interactive video:

- Learn new approaches and skills
- Participate in in-depth case consultation
- Receive feedback and recommendations
- Provide expertise to a community of colleagues

What is Project ECHO?

Extension of Community Healthcare Organisations (ECHO) is an “all teach, all learn” approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

When: Monthly online sessions held on the third Tuesday of each month, from 12.30pm to 1.30pm, via zoom

Who: Any health or welfare provider

Cost: Free | **Join Zoom:** [Click here to join the Zoom](#) | **Contact:** lisa.pearson@gvhealth.org.au

Date	Title	Presenter
17 Feb 2026	Creative beginnings: Music and creative arts therapies in infant and perinatal well-being	Dr Emma van Daal Prof Doc TAP, Centre for Infant Wellbeing & Ms Lauren Salib Registered Music Therapist (RMT) Neonatal Intensive Care Unit Music Therapist (NICU MT), Neurologic Music Therapist LA Therapy -IPEACH
17 Mar 2026	Informed Decisions: Understanding Sexual Health and Reproductive Options	Ms Kate Moroney, Nurse Practitioner, Women's Health, GV Health
21 Apr 2026	Together in Mind Group Program	Hannah Oliver, Nurse Practitioner Candidate, Perinatal Emotional Health, Mental Health Services, Mildura Base Public Health
19 May 2026	Neonatal Intensive Care Unit Music Therapy Program Expansion and Research	Ms Lauren Salib RMT AMTA, Neonatal Intensive Care Unit Music Therapy Program Expansion and Research, Registered Music Therapist, neonatal Music Therapist LA Therapy
16 Jun 2026	Early Signs of Neurodivergence in Children, Assessment, and Navigating the System	Tracy Dunkley, Coordinator - Neurodevelopmental Psychiatry Clinic, Infant, Child & Youth Mental Health, GV Health



New attendees welcome at any time – regular attendance not required.
For more information visit [GV Health website](http://www.gvhealth.org.au).

