



Joint Addiction & Mental Health ECHO (JAMH) ECHO

JAMH Sessions is a program for providers who want to improve the mental health and addiction care for their patients. Led by Associate Professor Edward Ogden (PSM) and Associate Professor Ravi Bhat, and facilitated by GV Health Mental Health and Addiction Specialists, the program is designed to expand the capacity to care for mental health and addictions across Victoria and beyond.

Using real time interactive video:

- Learn new approaches and skills
- Participate in in-depth case consultation,
- Receive feedback and recommendations
- Provide expertise to a community of colleagues.

What is Project ECHO?

Extension of Community Healthcare Organisations (ECHO) is an “all teach, all learn” approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

When: Online sessions held on Thursdays, 12.30pm-1.30pm, via ZOOM

Who: Any provider with an interest in Mental Health, Substance Use and Addiction

Cost: Free | **Join Zoom:** <http://bit.ly/3uyTww0> | **Contact:** lisa.pearson@gvhealth.org.au

The JAMH curriculum addresses a range of topics - please let us know what topics you are interested in hearing about:

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| • Mood disorders | • Special issues | • Drugs of interest |
| • Depression | • Polypharmacy | • Cannabis |
| • Anxiety | • Pregnancy | • Opioids |
| • Bipolar | • Counselling | • Amphetamines |
| • Trauma and PTSD | • Drug testing | • Novel drugs |
| • Adolescence | • Screening tools | • Tobacco / vaping |
| • ADD | • Forensic issues | |



New attendees welcome at any time – regular attendance not required.
For more information visit GV Health website.

Date	Title	Presenter
Brave New World - AOD and Mental Health Practice		
5 Feb 2026	Restrictive Interventions - A step towards clinical transparency	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
12 Feb 2026	What is the future? - Alcohol and other Drugs Strategy?	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
19 Feb 2026	Risk adverse or consumer centric?	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
26 Feb 2026	The Role of the Inaugural Chief Addiction Medicine Adviser - Guiding the first ever Alcohol and other Drugs strategy	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
5 Mar 2026	Stop Blaming Silos, Start Fixing the Silence, the Future of Integrated Care	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
12 Mar 2026	HAGD & me- Putting the G into AOD' 3 stories woven together highlighting the commonalities of Alcohol, Gambling & Drug addictions, followed by Q&A with the storytellers	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
12 Mar 2026	Understanding the role of family in recovery/ Special consideration of vulnerable family members	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
19 Mar 2026	Understanding Connection- Empowering a holistic view of Aboriginal social and emotional wellbeing about care	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
26 Mar 2026	Preventing Gambling Harm Relapse Through Social Inclusion	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
2 Apr 2026	Substance Use Exploitation in the context of Family Violence	Ms Megan Bagnall, AOD and Family Violence Lead, VAADA
16 Apr 2026	Heart Rate Variability and Relapse	Dr Ferghal Armstrong, Addiction Medicine Specialist, Turning Point Statewide Services
23 Apr 2026	How New Technology Solutions Can Impact Health Outcomes	Dr Sharon Hakkennes, Chief Digital Health Officer for Victoria
Blood Borne Virus Project		
30 Apr 2026	Tattoos and Blood-Borne Viruses	Ms Neylan Aykut Health Promotions Officer, LiverWell
7 May 2026	Hepatitis Care Pathways Project in Shepparton - Progress Update 2026	Dr Vinay Menon, Medical Lead, Public Health Physician, GV PHU & Suzanne Wallis, Nurse Practitioner, Community Health
14 May 2026	Exploring Staff Knowledge and Attitudes Towards HCV Testing in Wanyarra Unit	Dr Carl Moller, Research Fellow (Psychosis Research Group) School of Medicine, IMPACT, Mental Health & Neuroscience, Deakin University
21 May 2026	Every Yarn Counts, Hepatitis Conversations with First Nations People	Mr Troy Combo, Aboriginal Health Program Manager, EC Australia, Burnet Institute
Person Centred Care Innovations in Rural Health Care Communities		
28 May 2026	Telehealth Addiction - Opioid Substitution Models	Dr Thileepan Naren Western Region Hamilton Centre
4 Jun 2026	Outreach Addiction Clinics	Dr Thileepan Naren Western Region Hamilton Centre
11 Jun 2026	Custodial Addiction Medicine and Opioid Substitution Models	Dr Thileepan Naren Western Region Hamilton Centre
18 Jun 2026	Pregnancy Clinics - Mental Health and AOD in Focus	Dr Thileepan Naren Western Region Hamilton Centre



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Through the Lifespan - Continued		
17 Sep 2026	Women and (peri) Menopause - Mental Health, Substance Use and Physical Health Outcomes	Dr Jenny Babb, Director Statewide and Specialist Services, Women's Recovery Network (WREN)
8 Oct 2026	Healthcare for Older Adults	Dr Rajlaxmi Khopade, Consultant Psychiatrist, GVAMHS
15 Oct 2026	Psychology of Old Age - Mental Health & AOD - Implications of Parkinsons	Associate Professor Ravi Bhat, Divisional Clinical Director, GVAMHS
22 Oct 2026	Improving Palliative Care for People Who Use Alcohol and Drugs	Dr Grace Fitzgerald
Everything Opioid		
29 Oct 2026	AOD Strategy - Opioid Replacement	Ms Gabby Cohen, Manager Performance and Improvement, Harm Reduction Reform Unit, Victorian Department of Health
5 Nov 2026	Take Home Naloxone Program - Broadened Scope & Naloxone Advocacy	Ms Rita Brien, Senior Project Officer, Workforce Development, Penington Institute
12 Nov 2026	Past, Present and Future of Pharmacotherapy - Updated Victorian Pharmacotherapy Guidelines & PAMS - Pharmacotherapy, Advocacy and Mediation service	Ms Sarah Lord, PAMS program, Harm Reduction Victoria
19 Nov 2026	Responding to Novel Presentations in Regional Settings- Young People	Mr Horace Wansbrough, Family Lead, YSAS
Smoking and Vaping		
26 Nov 2026	Working With and Referring to Health Coaching and Self Management Support	Shelley McFadzean Health Coach and Self Management Support - GV Health
3 Dec 2026	Not just blowing smoke: regulated nicotine vapes for effective smoking cessation in residential rehabilitation	Moses Abbatangelo, Head of Residential Services, Windana
10 Dec 2026	Heated tobacco products - Selling tobacco	TBA



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