

2026

# Aged Care Mental Health ECHO

(ACMH) ECHO



FREE  
EDUCATION

This community of practice has been established to invest in and support our aged care workforce to care for our most vulnerable members of our community. It is led by Dr Rajlaxmi Khopade, Consultant Old Age Psychiatrist, and Ms Kate Furlanetto, Aged Clinical Nurse Educator from APATT.

### Zoom in and learn:

- Clinical case discussions
  - Learn new approaches and skills
  - Receive feedback and recommendations
  - Hear from a guest speaker
- Come along, pose a question and get advice!

### What is Project ECHO®?

Extension of Community Healthcare Organisations (ECHO) is an “all teach, all learn” approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

**WHEN:** Monthly sessions on Tuesdays from 1.30pm - 2.30pm via ZOOM  
**WHO:** Aged care workforce and primary care providers – clinical and non-clinical are welcome  
**COST:** Free  
**JOIN ZOOM:**  
**CONTACT:** [Lisa.Pearson@gvhealth.org.au](mailto:Lisa.Pearson@gvhealth.org.au)

	What to look for and What to do?	Presenter
10-Feb-26	Aged Care Reform - a big opportunity	Ms Briony Underwood, Education Team Leader, Elders Rights Australia
10-Mar-26	Diagnosis - how important is it?	Dr Mark Bevan, Consultant Psychiatrist, GV Health
31-Mar-26	Depression - persistent symptoms can wear a person down	Associate Professor Ravi Bhat, Divisional Clinical Director, GVAMHWS, GV Health
21-Apr-26	Depression - how to support someone	Associate Professor Ravi Bhat, Divisional Clinical Director, GVAMHWS, GV Health
12-May-26	Anxiety - more than worry	Dr Terence Chong, Senior Lecturer, Old Age Psychiatry, Department of Psychiatry, The University of Melbourne
09-Jun-26	Psychosis - that is strange	Dr Vivek Phutane, Old Age Psychiatrist, Director of ECT, GVAMHWS, GV Health



New attendees welcome at any time – regular attendance not required. For more information visit GV Health website.

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	Theme What to Look For and What to Do? - Mental Illness	Presenter
14-Jul-26	Adjustment disorder - change is hard	Dr Rajlaxmi Khopade, Old Age Psychiatrist, GVAMHWS, GV Health
11-Aug-26	Borderline Personality Disorder - helping everyone cope	Dr Hemalatha Jeyaram, Senior Clinical Psychologist & Clinical Academic, Eastern Health & Spectrum
08-Sep-26	What is worse? Alcohol or medications	Dr Basanth Kenchaiah, Psychiatrist, St Vincent's Hospital Melbourne & GV Health
13-Oct-26	Older Adults with Suicidal Behaviours - what do I need to find out and who can I escalate to?	Kate Furlanetto, Clinical Nurse Educator, Mental Health, Nursing and Staff Development, GVAMHWS, GV Health
10-Nov-26	Physical illness contributes to mental illness - the cycle	Dr Femi Afolayan, Specialist, Outreach Rehabilitation
08-Dec-26	Neuropsychiatric conditions with mental health symptoms - in camouflage	TBA