

# Position Description

<b>Position Title:</b>	Lived Experience Worker - Group Based Parenting
<b>Reports to:</b>	Manager - Infant Child and Youth Mental Health & Wellbeing Service
<b>Department:</b>	Infant, Child & Youth Mental Health
<b>Directorate:</b>	Community Care & Mental Health & Chief Allied Health Officer
<b>Cost centre:</b>	H0502
<b>Code &amp; classification:</b>	Lived Experience Worker Level 2 Years 1-4 (AK39 - AK42)
<b>Employment conditions:</b>	Victorian Public Mental Health Services Enterprise Agreement 2024 – 2028 and its successors, and GV Health Policies and Procedures (and as varied from time to time)

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**GV Health is an equal opportunity employer and continually strives to build a diverse, equitable and inclusive workforce that reflects our community. We encourage applications from people of all backgrounds.**

Statements included in this position description are intended to reflect in general the duties and responsibilities of the position. It is not intended to be an exhaustive list of responsibilities, duties and skills required. GV Health may alter the duties of this position description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).

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## POSITION SUMMARY

The Infant Child and Youth Mental Health and Wellbeing Service (ICYMHWS) Group-Based Parenting Program (GBPP) is a newly funded service, which aims to assist parents, families, carers and supporters to strengthen individual and family relationships which, in turn, support the child experiencing mental health and wellbeing challenges.

The Family & Carer Peer Support Worker will be key in the development and implementation of the program, supporting a program tailored to the needs of the local community, ensuring content is accessible and appropriate.

The role will also be responsible for co-facilitation of both parenting intervention groups and parenting support groups, using their own lived experience to share skills and learning, provide emotional support, information and practical assistance to families and carers.

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## RESPONSIBILITIES AND DUTIES

**The following duties are inclusive of but not limited to the following:**

- Provide one on one and group peer support for families and carers of consumers using personal mental health carer experience to model hope and recovery
- Assist carers to identify their support needs and focus on their personal recovery
- Engage directly with or co-facilitate carer support and education groups
- Assist families and carers to access other services to support them in their caring role
- Liaise and consult with external services providers / agencies as required to gather information, provide advice and make connections
- Participate in clinical meetings and provide advocacy on behalf of parents and carers

- Relate with carers from the basis of lived expertise, sharing skills and learnings as appropriate in a way that brings hope, supports and empowers carers to move forward in their carer role.
- Exercises judgement in the application of policy and programmes to consumer and programme needs
- Contributes to policy change within area of operation
- Shares knowledge and experience with internal stakeholders to contribute to consumer service delivery needs
- Assist in programme budget including governance and auditing requirements
- Negotiates policy and programme options with carers/families
- Works to determine and build emotional priorities of consumers/ carers/families

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## KEY SELECTION CRITERIA

### Essential:

- Must have a lived / living experience of caring for or having a family member with a mental illness and treatment within a mental health service and able to use that knowledge and skill arising from their lived experience in an empathic and compassionate way.
- Well-developed communication and interpersonal skills, including the ability to consult, liaise and work collaboratively with consumers, carers and service staff
- An ability to work independently in an organised manner and to be able to be a good team player when required
- An ability to allow people to be the experts in their own lives; work from a recovery and strengths-based framework and draw on their own lived / living experience in working alongside family/carers

### Desirable:

- Previous experience in a similar role
- Formal qualifications or willing to complete relevant to Lived Experience peer support work such as Certificate IV in Mental Health (Peer Work) and /or Intentional Peer support training.
- Computer literacy

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## KEY PERFORMANCE INDICATORS

### Your performance will be measured through your successful achievement of:

- Co-facilitation of parenting and carer group program
- Development of relationships with relevant family and carer agencies
- Attendance at clinical meetings to promote perspective of family and carers
- Participant in discipline specific supervision internal and external as guided by the LLEW leadership
- Participate in networking and peer led community of practices

## **ALL GV HEALTH STAFF ARE REQUIRED TO**

- Demonstrate GV Health's CREATE values and behaviours and being a role model for living the values of Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
  - Maintain an understanding of individual responsibility for consumer safety, quality and risk and adhere to the relevant policies, procedures and guidelines;
  - Develop and maintain collaborative relationships with all other teams and professionals;
  - Promote and enable efficient teamwork and service provision both within the department and/or organisation and with other service providers;
  - Contribute to a safe working environment and ensure compliance with legislative requirements concerning Occupational Health and Safety, anti-discrimination, and equal opportunity;
  - Identify, report and manage risks and ensure actions are taken to prevent and minimise harm to consumers and the GV Health workforce;
  - Contribute to organisational quality and safety initiatives;
  - Observe and comply with child safe principles, standards and expectations of appropriate behaviour toward and in the company of children;
  - Complete and maintain all mandatory training requirements as defined by GV Health and actively engage in the Performance Development Review process;
  - Minimise the risk of infection to consumers, residents, employees, visitors, contractors and the general public;
  - Comply with requirements of the National Safety and Quality Health Service Standards and other relevant standards, regulations and legislative requirements;
  - Comply with the principles of patient and family centred care;
  - Not smoke or vape on GV Health premises;
  - Comply with immunisation requirements as per the Victorian Department of Health Victoria;
  - Comply with all applicable position pre-employment checks that are relevant to the role, which may include but is not limited to; police checks, Working with Children's Check (WWCC), National Disability Insurance Scheme (NDIS) and Aged Care screening requirements;
  - In this role you may occasionally interact with distressed, anxious or upset consumers or members of the public. GV Health is committed to the physical and psychosocial safety of our staff. All staff are required to comply with all safety related training, look after the safety and well-being of themselves and each other, and actively foster a safe working environment.
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**ACCEPTANCE:**

I acknowledge and accept that this Position Description represents the general outline of duties, responsibilities and accountabilities that are expected of me in my employment in the position, and may not encompass every aspect of the position. I understand that GV Health reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

I acknowledge and accept that I must complete and maintain all relevant pre-employment screening and checks for successful employment.

I acknowledge and accept that that I have read and fully understand this Position Description. I agree that I have the ability to fulfil the inherent requirements of the position, and accept my role in fulfilling the responsibilities, activities, duties and generic position requirements.

I acknowledge I will be required to undertake the duties as set out in the position description (and any other duties as requested in accordance with my skills and experience) to the best of my ability and, at all times follow lawful direction.

By accepting the contract of employment, I am agreeing to duties and obligations within the Position Description.

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<b>Community Care &amp; Mental Health &amp; Chief Allied Health Officer</b>	<b>Lived Experience Worker – Group Based Parenting</b>
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<b>Reviewed by:</b>	Manager – Infant, Child & Youth Mental Health & Wellbeing Services
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<b>Issue Date:</b>	February 2026
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## ABOUT US

Goulburn Valley (GV) Health is a Regional Public Hospital and Health Service for the Hume Region of Victoria, with main campuses located at Shepparton, Tatura, Rushworth and Euroa. The main campus in Shepparton is the major acute referral hospital for the sub region. Additional satellite sites are also located in Shepparton, Seymour, Benalla, Cobram, Echuca and Wodonga. GV Health provides a range of acute, subacute, mental health, aged, primary health and community services.

## OUR PURPOSE

To significantly improve the health and wellbeing outcomes and experiences of the people and communities in our care.

## OUR VALUES

GV Health's culture centres around our CREATE values and behaviours. Through these values and behaviours we commit to delivering ongoing quality healthcare for our community:



GV Health Vision and Values: [Values and Vision - GV Health](#)

## OUR STRATEGIC PLAN

The **Goulburn Valley Health Strategic Plan 2024-2026** provides the direction for GV Health with our five strategic pillars being:

- Health and Wellbeing Outcomes: Improve health and outcomes for the population in our region
- Community and Consumer Experience: Ensure everyone has an outstanding personalised experience
- Our Staff Experience: Our people feel connected, supported, safe and well
- Responsible Workplace: Be sustainable and efficient
- Health Equity: Embrace differences in how we design and deliver healthcare

GV Health Strategic Plan: [Strategic Plan 2024-2026 - GV Health](#)

## FOR MORE INFORMATION

**Application tips:** [Application Tips - GV Health](#)

**GV Health:** <https://www.gvhealth.org.au/about/>

**Child Safety and Wellbeing:** [Child Safety and Wellbeing - GV Health](#)

**Living in Goulburn Valley:** [Goulburn | Regional Living Victoria](#)

**GV Community Connector:** [Community Connector Program for Businesses](#)