

Position Description

Position Title:	Clinician - Group-Based Parenting Program
Reports to:	Manager - Infant Child & Youth Mental Health & Wellbeing Services
Department:	Infant, Child and Youth Mental Health
Directorate:	Community Care & Mental Health & Allied Health Officer
Cost centre:	H0502
Code & classification:	Registered Psychiatric Nurse Grade 3 (NP81 - NP74), Psychologist Grade 2 (PK1 - PK4), Occupational Therapist Grade 2 (YB20 - YB23) or Social Worker Grade 2 (YC42 - YC45)
Employment conditions:	Victorian Public Mental Health Services Enterprise Agreement 2020 – 2024 and its successors, and GV Health Policies and Procedures (and as varied from time to time)

GV Health is an equal opportunity employer and continually strives to build a diverse, equitable and inclusive workforce that reflects our community. We encourage applications from people of all backgrounds.

Statements included in this position description are intended to reflect in general the duties and responsibilities of the position. It is not intended to be an exhaustive list of responsibilities, duties and skills required. GV Health may alter the duties of this position description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).

POSITION SUMMARY

The Infant Child and Youth Mental Health and Wellbeing Service (ICYMHWS) Group-Based Parenting Program (GBPP) is a newly funded service, which aims to assist parents, families, carers and supporters to strengthen individual and family relationships which, in turn, support the child experiencing mental health and wellbeing challenges.

The GBPP Clinician is responsible for working with the GBPP Senior Clinician and the GBPP Family Peer Worker to develop group-based parenting programs which are organised around age/developmental stage to ensure sessions are appropriate to the needs of parent, carers and supporters. Cofacilitation of group programs may be focussed in areas such as strengthening family relationships, managing challenging and risky behaviour and attachment-based parenting programs

RESPONSIBILITIES AND DUTIES

The following duties are inclusive of but not limited to the following:

- Work with the Senior Clinician, GBPP to scope and plan parenting group programs which are responsible to the needs of families accessing ICYMHWS.
- Co-facilitate group-based parenting programs
- Participate in the evaluation of group-based parenting programs
- Engage in partnerships with other services in the region who may work with families and carers to provide parenting supports
- Work with GBPP Family Peer Worker to facilitate carer support groups
- Participation in ICYMHWS clinical work, with a focus on supporting parenting

- Document relevant clinical information in the medical file.
 - Record required documentation to reflect compliance with program Key Performance Indicator.
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KEY SELECTION CRITERIA

Formal Qualification(s) and Required Registration(s):

- Current Registration with the Australian Health Practitioner Regulation Agency as an Occupational Therapist, Registered Psychiatric Nurse or Psychologist
- OR Social Worker with eligibility for membership of Australian Association of Social Work

Essential:

- Skills and experience in the provision of parenting interventions
- Experience and expertise in group facilitation or willingness to learn same
- Understanding and experience working in mental health service provision with children and families
- Knowledge and understanding of the Royal Commission into Victorian Mental Health Services and the implications for mental health care for children and families
- Strong communications skills - both written and verbal
- Ability to build and maintain effective working relationships with internal teams, community organisations, partner agencies, and external stakeholders

Desirable:

- Training in specific parenting group programs
 - Experience in the provision of mental health care and support to children aged 0-11 years and their carers, families and supporters
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KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful achievement of:

- Facilitation of group-based parenting programs
 - Participation in partnerships with key parenting focussed organisations
 - Participation in ongoing evaluation of group-based parenting programs
 - Achievement of activity contact hours
 - Registration is maintained and working within scope of practice
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ALL GV HEALTH STAFF ARE REQUIRED TO

- Demonstrate GV Health's CREATE values and behaviours and being a role model for living the values of Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
- Maintain an understanding of individual responsibility for consumer safety, quality and risk and adhere to the relevant policies, procedures and guidelines;
- Develop and maintain collaborative relationships with all other teams and professionals;
- Promote and enable efficient teamwork and service provision both within the department and/or organisation and with other service providers;

- Contribute to a safe working environment and ensure compliance with legislative requirements concerning Occupational Health and Safety, anti-discrimination, and equal opportunity;
- Identify, report and manage risks and ensure actions are taken to prevent and minimise harm to consumers and the GV Health workforce;
- Contribute to organisational quality and safety initiatives;
- Observe and comply with child safe principles, standards and expectations of appropriate behaviour toward and in the company of children;
- Complete and maintain all mandatory training requirements as defined by GV Health and actively engage in the Performance Development Review process;
- Minimise the risk of infection to consumers, residents, employees, visitors, contractors and the general public;
- Comply with requirements of the National Safety and Quality Health Service Standards and other relevant standards, regulations and legislative requirements;
- Comply with the principles of patient and family centred care;
- Not smoke or vape on GV Health premises;
- Comply with immunisation requirements as per the Victorian Department of Health Victoria;
- Comply with all applicable position pre-employment checks that are relevant to the role, which may include but is not limited to; police checks, Working with Children’s Check (WWCC), National Disability Insurance Scheme (NDIS) and Aged Care screening requirements;
- In this role you may occasionally interact with distressed, anxious or upset consumers or members of the public. GV Health is committed to the physical and psychosocial safety of our staff. All staff are required to comply with all safety related training, look after the safety and well-being of themselves and each other, and actively foster a safe working environment.

ACCEPTANCE:

I acknowledge and accept that this Position Description represents the general outline of duties, responsibilities and accountabilities that are expected of me in my employment in the position, and may not encompass every aspect of the position. I understand that GV Health reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

I acknowledge and accept that I must complete and maintain all relevant pre-employment screening and checks for successful employment.

I acknowledge and accept that that I have read and fully understand this Position Description. I agree that I have the ability to fulfil the inherent requirements of the position, and accept my role in fulfilling the responsibilities, activities, duties and generic position requirements.

I acknowledge I will be required to undertake the duties as set out in the position description (and any other duties as requested in accordance with my skills and experience) to the best of my ability and, at all times follow lawful direction.

By accepting the contract of employment, I am agreeing to duties and obligations within the Position Description.

Community Care & Mental Health & Allied Health Officer	Clinician – Group Based Parenting
Reviewed by:	Manager – Infant, Child & Youth Mental Health & Wellbeing Services
Issue Date:	February 2026

ABOUT US

Goulburn Valley (GV) Health is a Regional Public Hospital and Health Service for the Hume Region of Victoria, with main campuses located at Shepparton, Tatura, Rushworth and Euroa. The main campus in Shepparton is the major acute referral hospital for the sub region. Additional satellite sites are also located in Shepparton, Seymour, Benalla, Cobram, Echuca and Wodonga. GV Health provides a range of acute, subacute, mental health, aged, primary health and community services.

OUR PURPOSE

To significantly improve the health and wellbeing outcomes and experiences of the people and communities in our care.

OUR VALUES

GV Health's culture centres around our CREATE values and behaviours. Through these values and behaviours we commit to delivering ongoing quality healthcare for our community:



GV Health Vision and Values: [Values and Vision - GV Health](#)

OUR STRATEGIC PLAN

The **Goulburn Valley Health Strategic Plan 2024-2026** provides the direction for GV Health with our five strategic pillars being:

- Health and Wellbeing Outcomes: Improve health and outcomes for the population in our region
- Community and Consumer Experience: Ensure everyone has an outstanding personalised experience
- Our Staff Experience: Our people feel connected, supported, safe and well
- Responsible Workplace: Be sustainable and efficient
- Health Equity: Embrace differences in how we design and deliver healthcare

GV Health Strategic Plan: [Strategic Plan 2024-2026 - GV Health](#)

FOR MORE INFORMATION

Application tips: [Application Tips - GV Health](#)

GV Health: <https://www.gvhealth.org.au/about/>

Child Safety and Wellbeing: [Child Safety and Wellbeing - GV Health](#)

Living in Goulburn Valley: [Goulburn | Regional Living Victoria](#)

GV Community Connector: [Community Connector Program for Businesses](#)