

About Miya Care

Your care co-ordinator will be sending messages about your planned care program to your smart phone. Messages will be sent via an application known as Miya Care. You will be invited to download the app to your smart phone via a link.



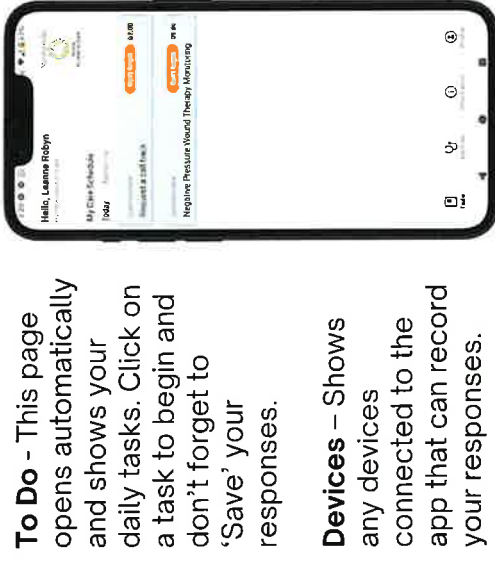
Miya care is a secure app where all responses are sent back to your care co-ordinator, who can view them on a dashboard on their computer.

Responses are only reviewed during business hours, Monday to Friday

When you have achieved your goals and are no longer working with your care co-ordinator, or have been discharged from the program, the app will no longer open.

Using the App

When you open the Miya app, you will see four options located on the task bar at the bottom of the screen. These are:



To Do - This page opens automatically and shows your daily tasks. Click on a task to begin and don't forget to 'Save' your responses.

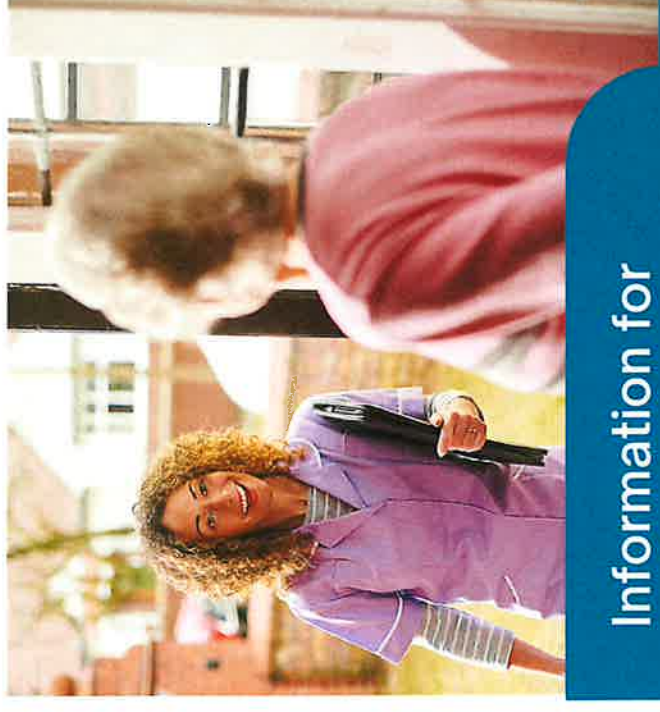
Devices - Shows any devices connected to the app that can record your responses.

Information - This is where information relating to your condition and care are stored.

Profile - This page holds your personal information.



In an Emergency, contact 000. If you have concerns about your health, contact your Care Team or GP during business hours or your local Urgent Care provider after hours and weekends.



Information for Patients

Miya Care

You have been invited to participate in remote monitoring as part of your care.

Downloading the App

The Miya Care App is available on Apple and Android.

The below steps will help guide your through the download process.

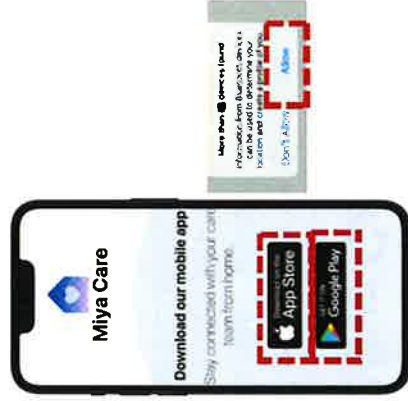
Step 1 - SMS

Click the **link** in the SMS you receive.



Step 2 - Download

Click to download via the **Apple App Store** or **Google Play Store**. Click **Allow** access to Bluetooth devices.



Step 3 - SMS

Click **Open Messages** and click the **link** in the SMS again.



Step 4 - Sign in

Sign in to your Apple or Google account.



Step 5 - DOB

Confirm your **date of birth**.

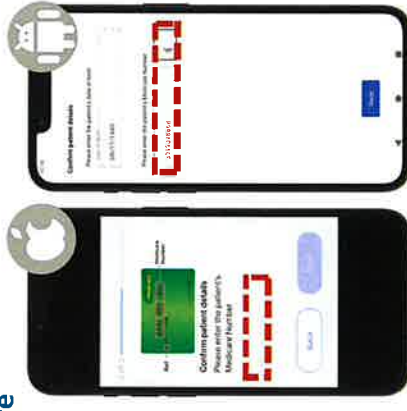
Apple tip - Enter the day first and then scroll to the correct month and year.

Android tip - click on the year to scroll to your birth year.



Step 6 - Medicare

Confirm **Medicare** details and press next or save.



Step 7 - Notifications

Apple - select **Allow notifications** and then Continue.

Android - Select **Settings, Notifications** then **All Miya Care notifications**.



Step 8 - Get Started

Scroll through the getting started screens (or click **skip**).

Press **Continue**.

You will arrive at the home screen.

