

Position Description

Position Title: Lymphoedema Therapist

Reports to: Operations Manager HIP Specialist Clinics

Department: Lymphoedema Clinic

Directorate: Community Care and Mental Health

Cost centre: C0016

Code & classification: Registered Nurse Grade 4A, Clinical Consultant A (ZF4-ZG7),

Physiotherapist Grade 3 (VB7-VC1), Occupational Therapist Grade 3

(VG3-VG6)

Employment conditions: Allied Health professionals (Victorian Public Sector) (Single Interest

Employers) Enterprise Agreement 2021-2025, Nurses and Midwives

Enterprise Agreement 2024-2028

GV Health Policies and Procedures (and as varied from time to time)

GV Health is an equal opportunity employer and continually strives to build a diverse, equitable and inclusive workforce that reflects our community. We encourage applications from people of all backgrounds.

Statements included in this position description are intended to reflect in general the duties and responsibilities of the position. It is not intended to be an exhaustive list of responsibilities, duties and skills required. GV Health may alter the duties of this position description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).

POSITION SUMMARY

The Lymphoedema Therapist (LT) reports directly to Operations Manager Health Independence Program (HIP) Specialist Clinics

The LT will provide expert advice in the assessment and management of clients at risk of, or living with lymphoedema, within the Goulburn Valley region. The LT role sits within the HIP Specialist Clinics and provides goal oriented, time limited care to people at risk of, or living with, lymphoedema. The LT will provide clinical leadership in this field within the HIP suite of services and be responsible for the planning and implementation of high-quality services for clients at risk of, or living with lymphoedema. The LT will coordinate referrals, manage waiting lists and times for the Lymphoedema service and will also lead service quality improvement activities and evaluation. The LT works closely and collaboratively with the broader suite of services as required.

This role also has a consultancy component across the continuum of care including providing advice and expertise to clinical staff for patients with lymphoedema within the inpatient setting, outpatient and residential care settings.

This position, amongst others, is responsible for promoting GV Health as a quality regional health service provider.

RESPONSIBILITIES AND DUTIES

The following duties are inclusive of but not limited to:



- Provide assessment and treatment to clients of the Lymphoedema Clinic patients are assessed and measured according to Australasian Lymphology Association (ALA) guidelines for lymphoedema therapists.
- Provide At Risk and Lymphoedema Education programs for patients and their families and/or carers. Education is provided for all patients, the material of which has been well formulated and is sensitive to new information and research.
- Assess secondary complications of lymphoedema and plan treatment, recording deviation(s) from normal and grade severity.
- Complete holistic assessments that identify the impact of other co-morbidities on the treatment of lymphoedema, and the impact of lymphoedema on patient quality of life, and ensure appropriate referral to and liaison with, other health professionals, either within HIP or to other external providers.
- Complete discharge planning and education for clients of the Lymphoedema Clinic.
- Complete funding applications as clinically required for patient garments and other eligible equipment.
- Promotion of self-management principles for patients and carers in the prevention and management of lymphoedema.
- Work within the interdisciplinary team to co-ordinate rehabilitation programs and provide the best service and outcomes to patients.
- Completion of required documentation and statistical data in line with hospital and departmental policies and procedures.
- Act as a clinical resource for staff across GV Health services for clients/patients with lymphoedema, and provide secondary consultation as necessary for patients within inpatient and outpatient services.
- Assist residential care staff with particular clients/residents in assessing and managing their lymphoedema as required.

KEY SELECTION CRITERIA

Formal Qualification(s) and Required Registration(s):

• Current registration with Australian Health Practitioners Registration Agency as a Registered Nurse, Physiotherapist or Occupational Therapist

Essential:

- Completion of an accredited Level 1 Lymphoedema Training course
- Registered with Australasian Lymphology Association (ALA) and Registration with the NLPR (National Lymphoedema Practitioners Register level 1)
- Demonstrated ability to provide assessment and treatment to patients with lymphoedema in line with the ALA guidelines for lymphoedema therapists
- Excellent interpersonal, written and communication skills, including computer literacy and the ability to produce well-written reports
- Demonstrated ability to work collaboratively as an individual practitioner within an interdisciplinary team environment including the ability to initiate and maintain effective professional relationships
- Demonstrated ability to prepare appropriate resources to support best practice including patientcentred resources and staff education resources

Desirable

• Completion of, or intention to Undertake Level 2 Lymphoedema Course, Qualify for Registration with the NLPR (National Lymphoedema Practitioners Register level 2).



KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful:

- Demonstration of GV Health values and behaviours, being a role model for living the values,
 Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
- Development and maintaining of collaborative relationships with all other teams and professionals;
- Promoting and enabling of efficient teamwork and service provision both within the department and/or organisation and with other service providers;
- Ability to contribute to a safe working environment and ensure compliance with legislative requirements concerning Occupational Health and Safety, anti-discrimination, and equal opportunity;
- Registration is maintained and working within scope of practice
- Attendance and active participation at meetings as required
- 100% compliance with core competencies and training requirements as outlined in the GV Health Education Framework
- Active participation in the Performance and Development review process
- Submit required data in a timely manner

AT GV HEALTH ALL STAFF ARE REQUIRED TO

- Demonstration of GV Health values and behaviours, being a role model for living the values, Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
- Maintain an understanding of individual responsibility for consumer safety, quality and risk and adhere to the relevant policies, procedures and guidelines;
- Development and maintaining of collaborative relationships with all other teams and professionals;
- This role may from time to time deal with distress, anxious or upset consumers or members of the
 public. GV Health is committed to the physical and psychosocial safety of our staff. GV Health staff are
 required to comply with all safety related training, look after the safety and well-being of themselves
 and each other, and actively foster a safe working environment;
- Maintain a safe working environment for yourself, your colleagues and members of the public;
- Identify, report and manage risks and ensure actions are taken to prevent and minimise harm to consumers and the GV Health workforce;
- Contribute to organisational quality and safety initiatives;
- Observe and comply with child safe principles, standards and expectations of appropriate behaviour toward and in the company of children;
- Complete the mandatory training requirements as defined by GV Health and actively engage in the Performance Development Review process;
- Minimise the risk of infection to consumers, residents, employees, visitors, contractors and the general public;
- Seek internal customer or consumer feedback and respond accordingly to identify areas of needs;
- Comply with requirement of National Safety and Quality Health Service Standards and other relevant standards, regulations and legislative requirements;
- Comply with the principles of patient and family centred care;
- Not smoke or vape on GV Health premises;
- Comply with immunisation requirements as per the Department of Health Victoria;



 Comply with all applicable to position pre-employment checks, which may include but is not limited to; police checks, working with children's check (WWCC), National Disability Insurance Scheme (NDIS), Aged Care screening requirements

ACCEPTANCE:

I acknowledge and accept that this Position Description represents the general outline of duties, responsibilities and accountabilities that are expected of me in my employment in the position, and may not encompass every aspect of the position. I understand that The GV Health reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

I acknowledge and accept that I must complete and maintain all relevant pre-employment screening and checks for successful employment.

I acknowledge and accept that that I have read and fully understand this Position Description. I agree that I have the ability to fulfil the inherent requirements of the position, and accept my role in fulfilling the responsibilities, activities, duties and generic position requirements.

I acknowledge I will be required to undertake the duties as set out in the position description (and any other duties as requested in accordance with my skills and experience) to the best of my ability and, at all times follow lawful direction.

By accepting the contract of employment, I am agreeing to duties and obligations within the Position Description.

Reviewed by: Angela Burns Issue Date: November 2025	Community Care & Mental Health	Operations Manager HIP Specialist Clinics
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	Issue Date:	November 2025



ABOUT US

Goulburn Valley (GV) Health is a Regional Public Hospital and Health Service for the Hume Region of Victoria, with main campuses located at Shepparton, Tatura, Rushworth and Euroa. The main campus in Shepparton is the major acute referral hospital for the sub region. Additional satellite sites are also located in Shepparton, Seymour, Benalla, Cobram, Echuca and Wodonga. GV Health provides a range of acute, subacute, mental health, aged, primary health and community services.

OUR PURPOSE

To significantly improve the health and wellbeing outcomes and experiences of the people and communities in our care.

OUR VALUES

GV Health's culture centres around our CREATE values and behaviours. Through these values and behaviours we commit to delivering ongoing quality healthcare for our community:



COMPASSION RESPECT

EXCELLENCE ACCOUNTABILITY

TEAMWORK
ETHICAL BEHAVIOUR

GV Health Vision and Values: Values and Vision - GV Health

OUR STRATEGIC PLAN

The Goulburn Valley Health Strategic Plan 2024-2026 provides the direction for GV Health with our five strategic pillars being:

- Health and Wellbeing Outcomes: Improve health and outcomes for the population in our region
- Community and Consumer Experience: Ensure everyone has an outstanding personalised experience
- Our Staff Experience: Our people feel connected, supported, safe and well
- Responsible Workplace: Be sustainable and efficient
- Health Equity: Embrace differences in how we design and deliver healthcare

GV Health Strategic Plan: Strategic Plan 2024-2026 - GV Health

FOR MORE INFORMATION

Application tips: <u>Application Tips - GV Health</u> GV Health: <u>https://www.gvhealth.org.au/about/</u>

Child Safety and Wellbeing: Child Safety and Wellbeing - GV Health Living in Goulburn Valley: Goulburn | Regional Living Victoria

GV Community Connector: Community Connector Program for Businesses