ALTERNATIVE HEALTH SERVICES GUIDE

GV Health's Emergency Department is currently experiencing high demand, resulting in lengthy wait times for patients with non-urgent matters. We ask that community members only come to the Emergency Department for conditions that are urgent or life-threatening. If your condition is not urgent or life-threatening, please visit a GP or refer to the list of alternative services below.



Priority Primary Care Centre



If you need urgent medical care but it's not an emergency, the Priority Primary Care Centre provide urgent care for non-life-threatening injuries and illnesses.

Open: 8am to 10pm, 7 days 49 Graham St, Shepparton, VIC. (03) 5823 3100



Support service for young people (12-25 years old).

Open: Monday: 9am-8pm. Tuesday: 9am-6pm. Wednesday-Friday: 9am-5pm 129 High St. Shepparton, VIC 3630.

(03) 5823 8800

eheadspace: 1800 650 890 (weekdays from 9am-1am)

Goulburn Valley Area Mental **Health Services** Centralised Triage

Mental health support service staffed by a team of experienced local mental health professionals.

Open: 24/7 1300 369 005



Diabetes education, farmer's health. refugee health, cancer support and more. Open: Monday - Friday, 9am - 5pm

399 Wyndham St, Shepparton, VIC. (03) 5823 3200

13SICK

After hours, bulk billed, in-home doctor visit /telehealth session.

Open: Weekdays from 6pm Saturdays from 12 noon All day Sundays

137 425 | 13sick.com.au

NURSE-®N-CALL

Free health care advice from a registered nurse.

1300 606 024

URGENT CARE CENTRES



Urgent Care Centre in Euroa Open: 24/7 38 Weir Street, Euroa, 3666 (03) 5795 4010



Urgent Care Centre in Yarrawonga Open: 24/7 33 Piper St, Yarrawonga, VIC. (03) 5743 8111



Urgent Care Centre in Benalla **Open:** 24/7 45-63 Coster St, Benalla, VIC. (03) 5761 4222



Urgent Care Centre in Kilmore **Open:** 24/7 1 Anderson Rd. Kilmore. VIC. (03) 5734 2000



Urgent Care Centre in Kvabram **Open:** 24/7

86-96 Fenaughty St, Kyabram, VIC. (03) 5857 0200



Urgent Care Centre in Nathalia, Numurkah and Cobram

Open: 24/7

36-44 McDonell St. Nathalia. VIC. (03) 5866 9444

2 Katamatite Rd, Numurkah, VIC. (03) 5862 0555

24-32 Broadway St, Cobram, VIC. (03) 5871 0777



Connect virtually to emergency doctors and nurses who will provide medical advice

Open: 24/7

vved.org.au/patients/

Maternal and Child Health at Greater **Shepparton City** Council

A free service and available to all families with children aged 0 to 6.

Open: Monday - Friday, 8.30am to 4pm

(03) 5832 9312

Maternal and Child Health Line after-hours service

This is a 24-hour telephone service staffed by qualified maternal and child health nurses. The telephone line provides overthe-phone information, advice and referral to all families with young children.

Open: 24/7 132 229



Speak with an Australian Qualified GP from anywhere via phone or video.

Open: 24/7 healthengine.com.au



Telemedicine service providing phone or video consultations with Australianqualified senior emergency specialist doctors.

Open: 24/7 myemergencydr.com



Stanhope Telecare Medical Centre GP Service

Regular face-to-face and weekly virtual telehealth consultations with experienced rural health GPs.

Open: Monday - Friday stanhope@telecare.com.au hotdoc.com.au | (03) 4800 5291

Open: 24/7