

## Sexual assault is a crime

For assistance following a recent sexual assault call 1800 112 343 all hours.

## Other Services

### Sexual Assault Crisis Line (SACL)

State-wide, confidential, telephone crisis counselling service for people who have experienced both past and recent sexual assault.

1800 806 292 (after hours)

### Sexual Offences and Child Abuse Investigation Team - Victoria Police

Shepparton (03) 5820 5877  
Seymour (03) 5735 0200

### DHHS Child Protection

East Division Intake - 1300 360 391  
(standard business hours)

After hours Child Protection Emergency Service  
- 13 12 78

### Goulburn Valley Health

(03) 5832 2322  
Or your nearest hospital

IF IT IS AN EMERGENCY, CALL 000

GVCASA is working towards the prevention and elimination of sexual assault by raising community awareness through the programs and services we provide and challenging the myths surrounding sexual assault.

### Goulburn Valley Centre Against Sexual Assault (GVCASA)

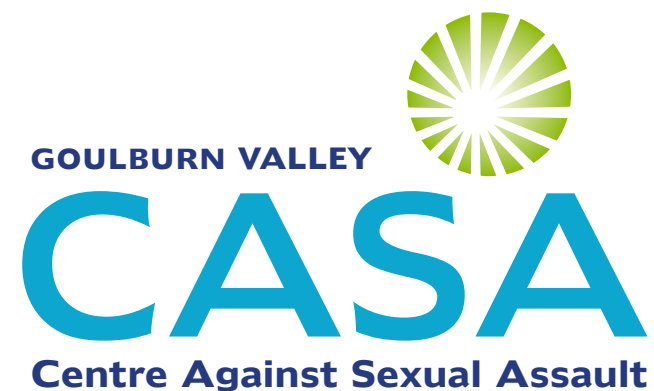
130 Nixon Street,  
Shepparton VIC 3630  
Ph: (03) 5831 2343  
Ph: 1800 112 343 - Free call 24 hour crisis line  
Fax: (03) 5831 1996  
Email: [gvcasa@gvhealth.org.au](mailto:gvcasa@gvhealth.org.au)  
[www.gvcasa.com.au](http://www.gvcasa.com.au)

### Opening hours

9am to 5pm, Monday to Friday  
24/7 Crisis Response

There is no charge for GVCASA's counselling services.

GV Health is a smoke free environment  
For more information about services provided by GV Health, visit [www.gvhealth.org.au](http://www.gvhealth.org.au)  
GV Health Publication: GVCASA - Goulburn Valley Centre Against Sexual Assault  
Produced by the Goulburn Valley Centre Against Sexual Assault  
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*Free and confidential  
counselling and support service*



Healthy Communities

# Centre Against Sexual Assault (GVCASA)



## What is sexual assault?

Sexual assault is any behaviour of a sexual nature that makes someone feel uncomfortable, frightened, intimidated or threatened. It is sexual behaviour that someone has not agreed to, where another person uses physical or emotional force against them. Sexual assault is an abuse of power. Sexual assault is never the fault or the responsibility of the victim/survivor. It does not matter what your relationship is to the other person, if you did not give consent freely and willingly, it is sexual assault.

Sexual assault can include sexual harassment, unwanted exposure to pornography, being photographed or filmed in a sexual nature without consent, stalking, unwanted touching and rape.

If you experience sexual assault you are **NOT** to blame; the blame sits with the person who has assaulted you.

## What is consent?

Consent is when someone agrees, gives permission, or says 'yes' to sexual activity with other persons. Consent is always freely given and you can stop wanting to participate in sexual activities or say no at ANY time...even if you have already said yes.

## Who does sexual assault happen to?

Sexual assault can happen to anyone, regardless of age, gender, social status, race, culture or ability. Contrary to popular belief, 25 percent or less of reported sexual assault are committed by a stranger to the person, most people are sexually assaulted by someone they know.

## CASA's Commitment

The Victorian Centres Against Sexual Assault are committed to addressing the inequalities within society which result in the perpetration of sexual violence and family violence against women, children and men.

**Everyone has the right to live free from violence and abuse.**

## Who can use the CASA services?

Women, men and children who have experienced recent or past sexual assault, their non-offending family members, partners or friends.

GVCASA **does not** offer services to perpetrators of sexual assault.

## Services we provide

- Therapeutic counselling and advocacy for victims/survivors of sexual assault and their non-offending families, partners and friends.
- 24/7 crisis care response to victim/survivors of recent sexual assault.
- Group counselling and support available.
- Community education for community/professional groups, schools and other organisations.
- GVCASA proudly provides the Bravehearts "Ditto Show", a personal safety program to kindergartens and primary schools within our region.
- Secondary consultations (including debriefing).
- Interpreters available (on request).

