

Position Description

Position Title: Graduate Registered Nurse: Mental Health

Reports to: Nurse Unit Manager or Clinical Manager of Mental Health

Department: Various Mental Health Departments **Directorate:** Community Care and Mental Health

Cost centre: According to rotation

Code & classification:Registered Psychiatric Nurse, Grade 2 (NP11-NP26 and NP70)
Victorian Public Mental Health Services Enterprise Agreement 2020-

2024 and its successors

and GV Health Policies and Procedures (and as varied from time to

time)

GV Health is an equal opportunity employer and continually strives to build a diverse, equitable and inclusive workforce that reflects our community. We encourage applications from people of all backgrounds.

Statements included in this position description are intended to reflect in general the duties and responsibilities of the position. It is not intended to be an exhaustive list of responsibilities, duties and skills required. GV Health may alter the duties of this position description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).

POSITION SUMMARY

The position of the Graduate Registered Nurse; Mental Health has been established to provide an opportunity for graduate nurses to work in mental health services. This position is suitable for an enthusiastic registered nurse who has completed academic studies that lead to entry to the nursing profession.

The Graduate Registered Nurse assists and works with other Mental Health staff to organise and co-ordinate quality care for consumers, carers and families who present to Goulburn Valley Area Mental Health and Wellbeing Service (GVAMHWS). This position supports the transition of the new Graduate Registered nurse to independent practice. This position also supports ongoing learning needs with continued studies in mental health that encourages ongoing professional learning and further post graduate study in mental health.

The Graduate Nurse is not to participate in oncall/recall duties or accept sole responsibility for mental health triage or acute response duties. The Graduate Nurse is not required to work night duty for the first three months on the acute inpatient unit.

RESPONSIBILITIES AND DUTIES

The following duties are inclusive of but not limited to

- Meet expectations of the Graduate Nursing Program by developing and consolidating nursing competence in accordance with the requirements of the Graduate Nursing Program.
- Accept accountability for own actions and seek guidance if situations exceed the scope of practice as a Graduate Registered Nurse.
- Provide and promote high quality standards of patient care in accordance with evidence-based practice.
 This includes the safe, effective and timely assessment, planning, implementation and evaluation of person-centre care, in collaboration with the multidisciplinary team.



- Perform nursing interventions and procedures in accordance with GV Health policy and procedures and within scope of practice.
- Demonstrate awareness of own limitations in knowledge, seeking appropriate support and demonstrating a commitment to ongoing professional development.
- Actively seek and be open to feedback about performance including active participation in required performance review throughout the program.
- Work in partnership with consumers, patients and where applicable carers and families whilst maintaining appropriate professional boundaries.
- Demonstrate developing time management skills and work as an active team member.
- Speak up for safety, our values and wellbeing.
- Demonstrate the ability to consolidate theoretical knowledge and clinical practice in various clinical environments and within scope of practice.
- Actively facilitate the experience and learning of students undertaking clinical placement.
- Participate in reflective clinical supervision as required in the graduate nurse program.

PERSONAL QUALITIES AND CAPABILITIES

- Understanding on how own emotions and feelings can impact performance.
- Assume responsibility for own learning needs.
- Demonstrate self-motivation to develop a high level of communication, teamwork and time management skills.
- Demonstrate self-motivation to develop the ability to adapt to meet multiple demands and prioritise workload
- Demonstrate the ability to listen actively, respond sensitively and understand others' perspectives.
- Support the development of others by acting as a resource and assisting colleagues/students to grow and develop their skills.
- Work effectively as part of a team and model team qualities such as respect, helpfulness and cooperation.

KEY SELECTION CRITERIA

Formal Qualification(s) and Required Registration(s):

- Registration as a Registered Nurse with the Nursing and Midwifery Board of Australia (NMBA) through Australian Health Practitioners Regulation Agency (AHPRA) prior to commencement in the Graduate Nurse Program
- Successful completion of a Bachelor of Nursing

Essential:

- Commit to the requirements of a Graduate Nurse Program
- Practice in accordance with the Nursing and Midwifery Board of Australia Registered Nurse Standards of Practice.
- Demonstrate motivation to learn and engage in various clinical environments across various sites.
- Be able to work rotating shifts across a 24 hour or any other roster pattern as required in the clinical environment, this may include weekends and public holidays.
- Demonstrate highly developed interpersonal/communication skills with all stakeholders both internal and external.



Desirable:

- Potential future commitment to GVAMHWS as an employee in the mental health field.
- Demonstrated commitment to on-going education.
- Basic knowledge of Risk Management.
- Basic knowledge of current directions in mental health including mental health act, recovery focused care and consumer / family participation.

KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful:

- Demonstration of GV Health values and behaviours, being a role model for living the values,
 Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
- Development and maintaining collaborative relationships with all teams and professionals;
- Promoting and enabling of efficient teamwork and service provision both within the department and/or organisation and with other service providers;
- Ability to contribute to a safe working environment and ensure compliance with legislative requirements concerning Occupational Health and Safety, anti-discrimination, and equal opportunity;
- Successful achievement and completion of all requirements of the Graduate Nurse Program including number of hours worked, clinical competencies, theoretical components, professional development days and rotation discussions within clinical rotations]

AT GV HEALTH ALL STAFF ARE REQUIRED TO

- Demonstration of GV Health values and behaviours, being a role model for living the values, Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
- Maintain an understanding of individual responsibility for consumer safety, quality and risk and adhere to the relevant policies, procedures and guidelines;
- Development and maintaining of collaborative relationships with all other teams and professionals;
- This role may from time to time deal with distress, anxious or upset consumers or members of the
 public. GV Health is committed to the physical and psychosocial safety of our staff. GV Health staff are
 required to comply with all safety related training, look after the safety and well-being of themselves
 and each other, and actively foster a safe working environment;
- Maintain a safe working environment for yourself, your colleagues and members of the public;
- Identify, report and manage risks and ensure actions are taken to prevent and minimise harm to consumers and the GV Health workforce;
- Contribute to organisational quality and safety initiatives:
- Observe and comply with child safe principles, standards and expectations of appropriate behaviour toward and in the company of children;
- Complete the mandatory training requirements as defined by GV Health and actively engage in the Performance Development Review process;
- Minimise the risk of infection to consumers, residents, employees, visitors, contractors and the general public;
- Seek internal customer or consumer feedback and respond accordingly to identify areas of needs;



- Comply with requirement of National Safety and Quality Health Service Standards and other relevant standards, regulations and legislative requirements;
- Comply with the principles of patient and family centred care;
- Not smoke or vape on GV Health premises;
- Comply with immunisation requirements as per the Department of Health Victoria;
- Comply with all applicable to position pre-employment checks, which may include but is not limited to; police checks, working with children's check (WWCC), National Disability Insurance Scheme (NDIS), Aged Care screening requirements.

ACCEPTANCE:

I acknowledge and accept that this Position Description represents the general outline of duties, responsibilities and accountabilities that are expected of me in my employment in the position and may not encompass every aspect of the position. I understand that The GV Health reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

I acknowledge and accept that I must complete and maintain all relevant pre-employment screening and checks for successful employment.

I acknowledge and accept that that I have read and fully understand this Position Description. I agree that I have the ability to fulfil the inherent requirements of the position, and accept my role in fulfilling the responsibilities, activities, duties and generic position requirements.

I acknowledge I will be required to undertake the duties as set out in the position description (and any other duties as requested in accordance with my skills and experience) to the best of my ability and, at all times follow lawful direction.

By accepting the contract of employment, I am agreeing to duties and obligations within the Position Description.

Community Care and Mental Health	Graduate Nurse – Mental Health	
Reviewed by:	Senior Mental Health Nurse	
Issue Date:	May 2025	

ABOUT US

Goulburn Valley (GV) Health is a Regional Public Hospital and Health Service for the Hume Region of Victoria, with main campuses located at Shepparton, Tatura, Rushworth and Euroa. The main campus in Shepparton is the major acute referral hospital for the sub region. Additional satellite sites are also located in Shepparton, Seymour, Benalla, Cobram, Echuca and Wodonga. GV Health provides a range of acute, subacute, mental health, aged, primary health and community services.

OUR PURPOSE

To significantly improve the health and wellbeing outcomes and experiences of the people and communities in our care.



OUR VALUES

GV Health's culture centres around our CREATE values and behaviours. Through these values and behaviours we commit to delivering ongoing quality healthcare for our community:



COMPASSION RESPECT

EXCELLENCE ACCOUNTABILITY ETHICAL BEHAVIOUR

GV Health Vision and Values: Values and Vision - GV Health

OUR STRATEGIC PLAN

The Goulburn Valley Health Strategic Plan 2024-2026 provides the direction for GV Health with our five strategic pillars being:

- Health and Wellbeing Outcomes: Improve health and outcomes for the population in our region
- Community and Consumer Experience: Ensure everyone has an outstanding personalised experience
- Our Staff Experience: Our people feel connected, supported, safe and well
- Responsible Workplace: Be sustainable and efficient
- Health Equity: Embrace differences in how we design and deliver healthcare

GV Health Strategic Plan: Strategic Plan 2024-2026 - GV Health

FOR MORE INFORMATION

Application tips: Application Tips - GV Health **GV Health:** https://www.gvhealth.org.au/about/

Child Safety and Wellbeing: Child Safety and Wellbeing - GV Health

Living in Goulburn Valley: Goulburn | Regional Living Victoria

GV Community Connector: Community Connector Program for Businesses