

Position Description

Position Title:	Community Rehabilitation Centre – Rehabilitation Nurse
Reports to:	Manager – HIP Rehabilitation Services
Department:	Community Rehabilitation Centre
Directorate:	Community Care and Mental Health
Cost centre:	F0752
Code & classification:	Registered Nurse Grade 2 (YP2-YP9)
Employment conditions:	Nurses and Midwives (Victorian Public Health Sector) (Single Interest Employers) Enterprise Agreement 2020-2024 and GV Health Policies and Procedures (and as varied from time to time).

GV Health is an equal opportunity employer and continually strives to build a diverse, equitable and inclusive workforce that reflects our community. We encourage applications from people of all backgrounds.

Statements included in this position description are intended to reflect in general the duties and responsibilities of the position. It is not intended to be an exhaustive list of responsibilities, duties and skills required. GV Health may alter the duties of this position description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).

POSITION SUMMARY

The Rehabilitation Nurse is a position within the Community Rehabilitation Centre (CRC) at Goulburn Valley Health (GV Health). This role will provide rehabilitation-based nursing across CRC programs and services, in particular the Cardiac Rehabilitation Program, Movement Disorder Services and the Movement Disorder Clinic (MDC).

As part of the multidisciplinary care team the Rehabilitation Nurse ensures that CRC patients receive quality nursing care that is evidence informed and supports optimal patient outcomes. This role involves patient assessment, goal setting, individualised care plan development, symptom support and education (patient and/or carer).

CRC is an episodic, goal-orientated and time-limited service that promotes health independence and minimising unplanned hospital admissions. CRC rehabilitation services are centre based, and as indicated may include multidisciplinary (MDT) input at a patients' home.

The MDC is a geriatrician led service that is responsible for diagnosing new movement disorders and managing advanced movement disorders. The Rehabilitation Nurse and other CRC clinicians support the functions of the MDC, working with the geriatrician to support patients with suspected, or diagnosed movement disorders that require episodic care.

This position amongst others, is instrumental in promoting GV Health as a high-quality regional health service provider.

RESPONSIBILITIES AND DUTIES

The following duties are inclusive of but not limited to

- Complete assessments that identify patients' rehabilitation needs, goals and any services or supports that patients or carers may require
- Provide high quality rehabilitation nursing to CRC patients, programs and services
- Collaborate with the multidisciplinary team to develop and implement patient centred and goal-based rehabilitation
- Ensure timely care coordination that includes sending referrals, referral follow up and discharge planning that supports patient's rehabilitation goals or care plan
- Promote self-management principles including education for patients and carers in the management of their health condition and symptoms
- Participation in regular departmental in-services, meetings, and case conferences
- Provide evidence-based nursing that promotes optimal health outcomes
- Participation in quality assurance and quality improvement initiatives as required
- Support nursing student placements
- Participation in clinical supervision, education opportunities and self-directed learning as available

KEY SELECTION CRITERIA

Formal Qualification(s) and Required Registration(s):

- Bachelor of Nursing or equivalent
- Current registration with the Australian Health Practitioner Regulation Agency as a Registered Nurse

Essential:

- 1-year experience working in a rehabilitation setting or equivalent.
- Demonstrated ability to work as part of a multi-disciplinary care team (MDT).
- Demonstrated knowledge and understanding of evidence-informed and person-centred care in rehabilitation settings.
- Understanding of rehabilitation principles and application to individual and group-based rehabilitation.
- Experience in promoting self-management and/or symptoms support to patients and their carers.

Desirable:

- Experience working with patients undergoing Cardiac, Pulmonary, Neurological or Musculoskeletal rehabilitation.
- Experience in providing education to patients and/or carers.
- Experience working with patients with neurological conditions.

KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful:

- Demonstration of GV Health values and behaviours, being a role model for living the values, Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
- Development and maintaining of collaborative relationships with all other teams and professionals;

- Promoting and enabling of efficient teamwork and service provision both within the department and/or organisation and with other service providers;
- Ability to contribute to a safe working environment and ensure compliance with legislative requirements concerning Occupational Health and Safety, anti-discrimination, and equal opportunity;
- 100% compliance with core competencies and
- training requirements as outlined in the GV Health Education Framework
- Effective maintenance of individual caseload, and discipline/group wait lists
- Active participation in meetings, case conferences, in-services and performance development reviews
- Maintain working relationship with CRC Rehabilitation Consultant, and Movement Disorder Geriatrician
- Accurate and timely data entry via HMS platform.
- Performance of role in line with established department model of care, guidelines, policies and procedures and ensure best nursing practice
- Completion of regular work duties and responsibilities

AT GV HEALTH ALL STAFF ARE REQUIRED TO

- Demonstration of GV Health values and behaviours, being a role model for living the values, Compassion, Respect, Excellence, Accountability, Teamwork and Ethical Behaviour;
 - Maintain an understanding of individual responsibility for consumer safety, quality and risk and adhere to the relevant policies, procedures and guidelines;
 - Development and maintaining of collaborative relationships with all other teams and professionals;
 - This role may from time to time deal with distress, anxious or upset consumers or members of the public. GV Health is committed to the physical and psychosocial safety of our staff. GV Health staff are required to comply with all safety related training, look after the safety and well-being of themselves and each other, and actively foster a safe working environment;
 - Maintain a safe working environment for yourself, your colleagues and members of the public;
 - Identify, report and manage risks and ensure actions are taken to prevent and minimise harm to consumers and the GV Health workforce;
 - Contribute to organisational quality and safety initiatives;
 - Observe and comply with child safe principles, standards and expectations of appropriate behaviour toward and in the company of children;
 - Complete the mandatory training requirements as defined by GV Health and actively engage in the Performance Development Review process;
 - Minimise the risk of infection to consumers, residents, employees, visitors, contractors and the general public;
 - Seek internal customer or consumer feedback and respond accordingly to identify areas of needs;
 - Comply with requirement of National Safety and Quality Health Service Standards and other relevant standards, regulations and legislative requirements;
 - Comply with the principles of patient and family centred care;
 - Not smoke or vape on GV Health premises;
 - Comply with immunisation requirements as per the Department of Health Victoria;
 - Comply with all applicable to position pre-employment checks, which may include but is not limited to; police checks, working with children's check (WWCC), National Disability Insurance Scheme (NDIS), Aged Care screening requirements.
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ACCEPTANCE:

I acknowledge and accept that this Position Description represents the general outline of duties, responsibilities and accountabilities that are expected of me in my employment in the position, and may not encompass every aspect of the position. I understand that The GV Health reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

I acknowledge and accept that I must complete and maintain all relevant pre-employment screening and checks for successful employment.

I acknowledge and accept that that I have read and fully understand this Position Description. I agree that I have the ability to fulfil the inherent requirements of the position, and accept my role in fulfilling the responsibilities, activities, duties and generic position requirements.

I acknowledge I will be required to undertake the duties as set out in the position description (and any other duties as requested in accordance with my skills and experience) to the best of my ability and, at all times follow lawful direction.

By accepting the contract of employment, I am agreeing to duties and obligations within the Position Description.

Community Care and Mental Health	Community Rehabilitation Centre Nurse
Reviewed by:	Rhys Noble
Issue Date:	April 2025

ABOUT US

Goulburn Valley (GV) Health is a Regional Public Hospital and Health Service for the Hume Region of Victoria, with main campuses located at Shepparton, Tatura, Rushworth and Euroa. The main campus in Shepparton is the major acute referral hospital for the sub region. Additional satellite sites are also located in Shepparton, Seymour, Benalla, Cobram, Echuca and Wodonga. GV Health provides a range of acute, subacute, mental health, aged, primary health and community services.

OUR PURPOSE

To significantly improve the health and wellbeing outcomes and experiences of the people and communities in our care.

OUR VALUES

GV Health's culture centres around our CREATE values and behaviours. Through these values and behaviours we commit to delivering ongoing quality healthcare for our community:



GV Health Vision and Values: [Values and Vision - GV Health](#)

OUR STRATEGIC PLAN

The Goulburn Valley Health Strategic Plan 2024-2026 provides the direction for GV Health with our five strategic pillars being:

- Health and Wellbeing Outcomes: Improve health and outcomes for the population in our region
- Community and Consumer Experience: Ensure everyone has an outstanding personalised experience
- Our Staff Experience: Our people feel connected, supported, safe and well
- Responsible Workplace: Be sustainable and efficient
- Health Equity: Embrace differences in how we design and deliver healthcare

GV Health Strategic Plan: [Strategic Plan 2024-2026 - GV Health](#)

FOR MORE INFORMATION

Application tips: [Application Tips - GV Health](#)

GV Health: <https://www.gvhealth.org.au/about/>

Child Safety and Wellbeing: [Child Safety and Wellbeing - GV Health](#)

Living in Goulburn Valley: [Goulburn | Regional Living Victoria](#)

GV Community Connector: [Community Connector Program for Businesses](#)