



Maternity Unit: Support Person's Code of Conduct

Goulburn Valley Health acknowledges the need for support before, during and after birth. The Maternity Ward welcomes one support person to stay overnight to help care for you and your new baby.

In choosing to stay overnight you are agreeing to this 'Support Person Code of Conduct':

Support people have the responsibility to conduct themselves in a manner that is:

- Respectful and courteous of all patients, staff and other visitors.
- Respectful of the property of the hospital.
- Respectful of all patients' rights to privacy and a quiet and peaceful environment.

Provision of Care

- Your presence during the hospital stay must not interfere with the care of the person you are supporting. Or affect the care of another patient.
- Be aware that rest times may be interrupted by staff to provide care or clean etc.

Sleeping and Bedding

- You must remain fully clothed at all times. For example, tracksuit/shorts/leggings with T-shirt/jumper, or sleepwear/pyjamas. Sleeping unclothed or in underwear only is not appropriate.
- Appropriate clothing is to be worn outside of the patient's room.
- Sleep in the bedding area provided.
- Pack up the bedding area once you are up for the day.
- Keep the room neat and clutter free.

Meals

- GV Health will not provide any meals for support persons. You can access the Glasshouse café during operating hours or supply your own food. The kitchen area on the ward is for patient use only. Support persons may access this area if necessary to get supplies for their partners. This is a shared space so please be mindful of others using the common area.

Visiting

- Ensure noise levels are kept to a minimum. Including restricting use of mobile phones while in a patient's room or on the ward.
- You can leave the ward at any time if required overnight. We request that you restrict your movements in and out of the ward between 8pm and 7am unless special circumstances apply.
- Do not visit if you are sick or have an infectious illness
- Abide by the infection control requirements of GV Health at the time of stay.
- Toddlers and children are welcome to visit but are not permitted to stay overnight
- For all other visitors, including children, normal visiting hours apply 2pm – 8pm. These hours may change in response to COVID-19 or required restrictions. Staff will let you know if there are changes.
- **To stay overnight you must accept this 'Support Persons Code of Conduct'.**
- **A breach of this code may result in you being asked to leave immediately.**

Contact:

For more information about your support person staying overnight:

Talk to your doctor or midwife or phone the Maternity Ward on (03) 48 044 910



GV Health acknowledges the Traditional Custodians of the land on which we gather. We pay our respects to their Elders, past, present and emerging and celebrate the continuing culture of Aboriginal and Torres Strait Islander peoples. GV Health is committed to embracing diversity and welcomes all people.

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