

GTT Appointment

Patient Information

Appointment Date & Time:

Appointment Location:



This is a fasting test. You need to fast for 8-10 hours before the test. We recommend you eat something small before you start to fast.

From 10:00pm the night before the Test:

- Fast: No eating, smoking or chewing gum
- No drinking anything except plain water

On the day of your Test:

- Keep fasting
- Go to Austin Pathology Collection Centre
- The test will take 2 hours to complete

During the Test:

- You will have a blood test when you arrive
- You will then drink a glucose drink within 5 minutes
- 1 hour after the glucose drink, you will have a 2nd blood test
- 1 hour after the 2nd blood test, you will have a 3rd blood test

If at any time you feel unwell please let one of the Pathology staff know



For Collection Centre Locations
please visit our website:

www.austinpathology.org.au/collection-centres