

Joint Addiction & Mental Health ECHO

(JAMH) ECHO

FREE
EDUCATION

JAMH Sessions is a program for providers who want to improve the mental health and addictions care for their patients. Led by Associate Professor Ravi Bhat and Professor Edward Ogden and facilitated by GV Health Mental Health and Addiction Specialists, the program is designed to expand the capacity to care for mental health and addictions in the Goulburn Valley region and beyond.

Using real-time, interactive video:

- Learn new approaches and skills
- Participate in in-depth clinical case consultation
- Receive feedback and recommendations
- Provide expertise to a community of colleagues

What is Project ECHO®?

Extension of Community Healthcare Organisations (ECHO) is an “all teach, all learn” approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

WHEN: Weekly online sessions held Thursdays from 12:30pm - 1:30pm via ZOOM
WHO: Any provider in primary care, mental health or drug & alcohol service
COST: Free
JOIN ZOOM: <https://bit.ly/3uyTwwQ>
CONTACT: JAMHECHO@gvhealth.org.au

The JAMH curriculum will address the following topics (and whatever else is requested):

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| • Mood disorders | • Adolescence | • Counselling | • Cannabis |
| • Depression | • ADD | • Drug testing | • Opioids |
| • Anxiety | • Special issues | • Screening tools | • Amphetamines |
| • Bipolar | • Polypharmacy | • Forensic issues | • Novel drugs |
| • Trauma and PTSD | • Pregnancy | • Drugs of interest | • Tobacco |

View information regarding 2024 sessions on the following page

2024 Sessions

July—December

Zoom link <https://bit.ly/3uyTwwO>

Theme—Attitudes and Stigma—Continued

25-Jul-24	Parenting in the Shadows: Stigma when supporting someone experiencing substance use & mental health challenges	Ms Emer Diviney, Advocacy Lead & Lived Experience Advisor & Ms Kelly Stuart: Education Lead & Lived Experience Advisor, Tandem
01-Aug-24	Peer Workers in Drug Court	Mr Farouk Mitri, Workforce Development Officer for Peer Projects, SHARC
08-Aug-24	<i>Bring your whole self to work, did you mean that?</i>	Mr Andrew Tomlinson, MindSpark.life
	Theme: Culture and Diversity	
15-Aug-24	Viral hepatitis, HIV and STIs among Aboriginal and Torres Strait Islander communities	Professor James Ward, Poche Centre for Indigenous Health, University of Queensland
22-Aug-24	Diversity, Families and Community	Ms Manal Shehab, Muslim Youth Adult & Family Services, SHARC
29-Aug-24	Perceptions of Drug Use and Mental Health	Associate Professor Shalini Arungiri, Clinical Director, Turning Point Statewide Services & The Hamilton Centre
05-Sep-24	An Introduction to Refugee and Asylum Seeker Mental Health	Professor Suresh Sundrem, Chair & Head, Department of Psychiatry, Monash University School of Clinical Sciences, Faculty of Medicine, Nursing and Health Sciences & Director of Research, Mental Health Program, Monash Health
12-Sep-24	The Mental Health Consequences of Seeking Asylum	Professor Suresh Sundrem, Chair & Head, Department of Psychiatry, Monash University School of Clinical Sciences, Faculty of Medicine, Nursing and Health Sciences & Director of Research, Mental Health Program, Monash Health
19-Sep-24	Working with Families & Supporters	Ms Jennifer Bite, General Manager Connect Coordination Victoria & Workforce Supports & Ms Kelly Stuart, Education Lead/ Lived Experience Advisor, Tandem
	Break 23rd September to 6th October	
10-Oct-24	LGBTQI+ Inclusive Services	Ms Ruthi Hambling Manager, Sector Development and Engagement, Rainbow Health Australia
17-Oct-24	First Nations Traditional Attitudes to Health & Healing	Aunty Suzanne Nelson, Goulburn Valley Alcohol & Drug Service, Goulburn Valley Health
24-Oct-24	A Brief Exploration on the Issues & Challenges of New & Emerging Communities	Mr Sam Atukorala, Manager, Ethnic Council Shepparton & District
31-Oct-24	Why Lived Experience Matters	Ms Anna Guthrie, Lived Living Experience Practice Lead, North East Metro Mental Health and Wellbeing Connect
07-Nov-24	Path2Home - African Australian Communities	Nyachan Nyak, Founder Nas Recovery Centre
14-Nov-24	African Community Attitudes to Drugs and Mental Health	Dr Francis Acquah, Founder & credentialled mental health nurse, Positive Wellness Recovery Centre
21-Nov-24	Every Yarn Counts	Mr Troy Combo, Aboriginal Health Program Manager, Burnet Institute
28-Nov-24	Women & Children's Mental Health	Dr Rajlaxmi Khopade Consultant Psychiatrist Specialist Women's Mental Health Service & Aged Psychiatric Assessment & Treatment Team (APATT) GV Health
05-Dec-24	Take Home Naloxone Multicultural Resources	Ms Bee Brown Senior Workforce Development Coordinator Penington Institute
12-Dec-24	Social Justice: Stigma.Discrimination and Human Rights in Mental Health	Mr Camuran Albanoi, Team leader, High Priority Discharge Program, Goulburn Valley Health