# Joint Addiction & Mental Health ECHO

(JAMH) ECHO

FREE EDUCATION

JAMH Sessions is a program for providers who want to improve the mental health and addictions care for their patients. Led by Associate Professor Ravi Bhat and Professor Edward Ogden and facilitated by GV Health Mental Health and Addiction Specialists, the program is designed to expand the capacity to care for mental health and addictions in the Goulburn Valley region and beyond.

#### Using real-time, interactive video:

- $\boldsymbol{\cdot}$  Learn new approaches and skills
- Participate in in-depth clinical case consultation
- Receive feedback and recommendations
- $\boldsymbol{\cdot}$  Provide expertise to a community of colleagues

#### What is Project ECHO®?

Extension of Community Healthcare Organisations (ECHO) is an "all teach, all learn" approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

WHEN: WHO:	Weekly online sessions held Thursdays from 12:30pm - 1:30pm via ZOOM Any provider in primary care, mental health or drug & alcohol service
COST:	Free
JOIN ZOOM:	https://bit.ly/3uyTwwO
CONTACT:	JAMHECH0@gvhealth.org.au

#### The JAMH curriculum will address the following topics (and whatever else is requested):

- Mood disorders
- Depression
- Anxiety
- Bipolar
- $\cdot$  Trauma and PTSD
- Adolescence
- ADD
- Special issues
- Polypharmacy
- Pregnancy
- Counselling
- Drug testing
- Screening tools
- Forensic issues
- Drugs of interest
- Cannabis
- Opioids
- Amphetamines
- Novel drugs
- Tobacco

#### View information regarding 2023 sessions on the following page



New attendees welcome at any time – regular attendance not required. For more information visit GV Health website.

### **2024** Sessions

### January to July

## Theme—Hepatitis C and other Infections among consumers of drug, alcohol & mental health services

1-Feb-24	Blood-borne viruses among people who inject drugs: The public health context.	Dr Vinay Menon Clinical Lead, Goulburn Valley Public Health Unit
08-Feb-24	Sexual Health in the GV region: How to speak to your patient about Hepatitis C testing & treatment	Ms Suzanne Wallis, Nurse Practitioner, GV Health Liver Clinic & Community Sexual Health
15-Feb-24	Improving testing and treatment for BBVs among people who in- ject drugs: Experience from the Richmond Medically Supervised Injecting Room	Mr Bradley Whitton— Medically Supervised Injecting Room Richmond
22-Feb-24	Sexual Health initiatives in the GV region: Implications for the addiction & mental health sectors	Dr Dave Evans PhD—Senior Health Promotion Manager - University of Melbourne
29-Feb-24	Improving testing and treatment for blood-borne viruses among patients in the addiction/ mental health space: Experience from the Barwon Southwest region	Dr Jacqui Richmond—Program Manager— Burnet Institute & CNC Barwon Health
07-Mar-24	Advocating for the needs of patients with hepatitis in Victoria 'Lived Experience perspective of Viral hepatitis C + Q&A'	Ms Pearl Prabal—Health Promotion Knowledge Officer & Lived Experience Worker - LiverWell
14-Mar-24	Needle exchange and harm reduction (including COPE) in the community	Ms Bee Brown—Senior Workforce Development Coordinator—Penington Institute
21-Mar-24	Drug Use in Custody - Remand and Prison - 'The Using Doesn't Stop'	Mr Adam Stonehouse
28-Mar-24	Viral hepatitis health promotion: services and resources	Mr Adrian Hubble—Senior Manager Health Services - Liver Well
18-Apr-24	Hepatitis C and contemporary practice—What we can do differ- ently	Dr Amanda Wade—Infectious Diseases Physician— Barwon Health & Senior Research Fellow—Burnet Insti- tute
25 Apr-24	ANZAC Day—No session	
02-May-24	Improving Hepatitis C detection and access to care in GVH ad- diction and mental health programs—facilitated discussion	Dr Vinay Menon—Clinical Lead - Goulburn Valley Public Health Unit
	<b>THEME</b> —Attitudes and Stigma	
09-May-24	Stigma Watch—Taking the Stigma Out of How Mental Health & AOD are reported	Ms Gayle McNaught & Ms Madeleine Starling—SANE
16-May-24	Peer Support	Mr Dean Grasselli—Senior Peer Worker/ Mentor— SANE
23-May-24	Lived Experience Workforce	ТВА
30-May-24	Hamilton Centre Work on Stigma and Culture	A/Prof Shalini Arungiri Clinical Director, Turning Point Statewide Services & the Hamilton Centre
06-Jun-24	Mental Health & Wellbeing Connect Centres for Families	Miss Carla Benci & Ms Kelly Molloy - Family & Carer–led Centre—Gateway Health
13-Jun-24	Language Matters	Ms Bella Anderson -Manager APSU- SHARC
20-Jun-24	ТВА	ТВА
27-Jun-24	Universal Precautions Approach to Stigma Reduction	Professor Nicola Reavley, Principal Research Fellow, Mental Health Lit Prog, Melbourne School of Population