



The FaPMI program aims to address the specific support needs of children, young people, parents and families where a parent has a mental illness.

### How can the FaPMI Support Fund be used?

The fund aims to help all family members access services, equipment and activities which help to promote resilience, skill development, health, wellbeing, fun and social connections.

### What can the fund can be used for?

#### Practical support

- Transport Costs
- Equipment
- Grocery vouchers
- Household goods

#### School expenses

- Tuition fees
- School trips
- Uniforms

#### Social/recreational activities

- Sports gear and equipment
- Class or membership fees (eg martial arts classes)
- Art and craft materials
- Swimming lessons
- Singing lessons
- Family outings
- Cinema tickets

### Contact

FaPMI Coordinator

P: (03) 5832 2111

E: [fapmi@gvhealth.org.au](mailto:fapmi@gvhealth.org.au)



GV Health would like to acknowledge the traditional custodians of the land on which we live and work. We pay our respects to elders past, present and emerging. GV Health is committed to embracing diversity and welcomes all people.

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# Families where a Parent has a Mental Illness [FaPMI]

A fund to support families where a parent has a mental illness.



## Who is eligible for funding?

For families to be eligible for funding, there must be:

- A parent who has a mental illness
- Dependent age children – including children not living with their parent(s)
- No other funding sources available

## Who can apply?

- Parents
- Carers
- Professionals on behalf of families they are working with



## How do I apply?

An application form can be obtained and submitted via the FaPMI Coordinator.

## How are the funds allocated?

The fund can provide up to \$500 per application. Applications exceeding this amount will be considered on their merit.

## How long does it take for an application to be processed?

Once an application has been received, decisions for funding approval will usually be made within two weeks. Families are advised by the FaPMI coordinator by phone and letter if they have been successful.

## How will I receive the funds?

Once funding is approved, the FaPMI Coordinator will help you to arrange payment.

## Can I apply more than once?

People who have received FaPMI funding in the past may apply for further funding at any time. However, repeated applications are not necessarily approved and may be given lower priority.

## Where can I get more information?

Please feel free to contact the FaPMI Coordinator with any questions you have or to discuss your application.

## Other support programs

Funding is also available for initiatives aimed at enhancing family resilience and providing support opportunities for families where a parent has a mental illness, such as:

- Support programs for children and adolescents
- Parenting programs and support groups
- Supported playgroups

Funding may cover facilitator expenses, facilitator training to run group programs, support for participants to attend programs and other costs associated with such programs.

Contact the FaPMI Coordinator to discuss this.

