

# Youth Mental Health ECHO

(YMH) ECHO

FREE  
EDUCATION

This community of practice has been established to invest in and support our child and youth mental health workforce to expand the capacity to care for our most vulnerable members of our community. GV Health and Orygen have partnered to deliver this ECHO. It is facilitated by GV Health's Dr Tejas Golhar (Child and Adolescent Psychiatrist) and Ms Sally Thomas (Manager Child and Adolescent Mental Health).

## Zoom in and learn:

- Clinical case discussions
- Learn new approaches and skills
- Receive feedback and recommendations

Come along, pose a question and get advice!

## What is Project ECHO®?

Extension of Community Healthcare Organisations (ECHO) is an "all teach, all learn" approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

**WHEN:** Monthly sessions on Mondays from 12.30pm - 2pm via ZOOM **(Unless otherwise stated)**  
**WHO:** Child and youth mental health workforce – clinical and non-clinical are welcome  
**COST:** Free  
**JOIN ZOOM:** [Launch Meeting - Zoom](#)  
**CONTACT:** [Lisa.Pearson@gvhealth.org.au](mailto:Lisa.Pearson@gvhealth.org.au)

## Theme: Personality Disorders

4th September 2023	Early Intervention & Controversies about Diagnosis of Personality Disorders in Young People	Dr Louise McCutcheon Orygen
9th October 2023	Clinical Presentations, Screening and Assessment of Personality Disorders	Dr Louise McCutcheon Orygen
13th November 2023	Relational Approach to Clinical Care	Dr Louise McCutcheon Orygen



New attendees welcome at any time – regular attendance not required. For more information visit GV Health website.

# Youth Mental Health ECHO (YMH ECHO)

*First Monday of the Month (unless week of public holidays between 1– 2.30  
(unless otherwise stated)*

## Focus Area: Early Psychosis

04 Dec-23 <u>11.30-1.00</u>	Identification and treatment of at-risk mental state	Professor Andrew Thompson & Ms Donna Gee
05-Feb-24 <u>11.30-1.00</u>	Acute management and early intervention	Professor Andrew Thompson & Ms Donna Gee
4-Mar-24	Identification and management of delayed recovery (including Clozapine management)	Professor Andrew Thompson & Ms Donna Gee
15-Apr-24	Management of comorbidities, family and psychosocial interventions	Professor Andrew Thompson & Ms Donna Gee

## Focus Area: Neurodevelopmental Disorders

06-May-24	Developmental history and assessment of developmental disorders	Professor David Coghill & Dr Catherine Cox
03-Jun-24	Autism Spectrum Disorders-Assessment and diagnosis	Dr Catherine Cox
15-Jul-24	Autism Spectrum Disorders—Management	Dr Catherine Cox
05-Aug-24	ADHD—Assessment	Professor David Coghill
02-Sep-24	ADHD—Management	Professor David Coghill
07-Oct-24	Learning disorders	Dr Catherine Cox



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