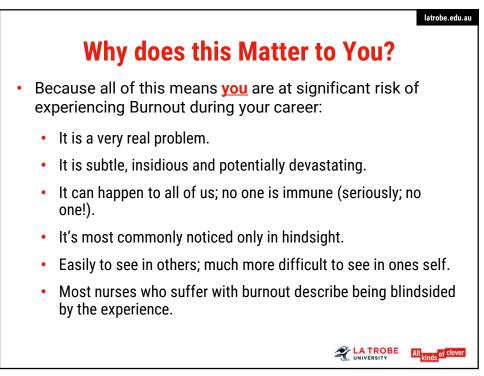
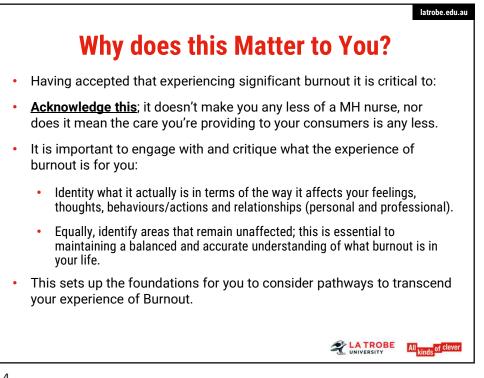
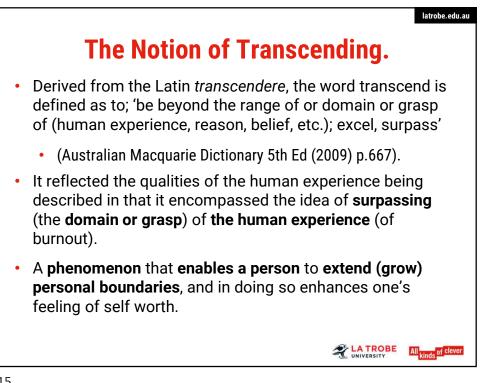
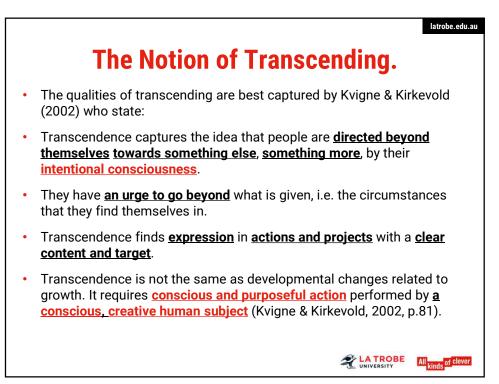


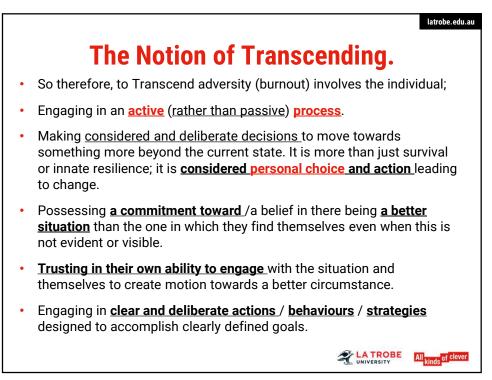
Work Performance: - Declining / inconsistent performance. - Loss of enthusiasm. - Accidents / uncharacteristic mistakes. - Increased time at work. - Lack of holiday planning / leave requests. - Indecision. - Memory lapses. - Criticism of others. - Lack of cooperation with others.	 Physical Symptoms: Nervousness when speaking. Sweating. Tiredness / lethargy. Frequent headaches. Hand tremors. Rapid Weight loss or gain. Stomach upsets. Lack of interest in appearance/ hygiene. Increased alcohol / substance use.
Withdrawal behaviours: - Resistance to giving support to colleagues. - Arriving ate / leaving early. - Extended breaks. - Increased absenteeism. - Reduced Social interaction.	Emotional Reactions: - Irritability / moodiness. - Over reactions to issues. - Uncharacteristic mood swings. - Decreased emotional regulation. - Episodes of extreme emotion (crying / temper). - Increased irritability or agitation.

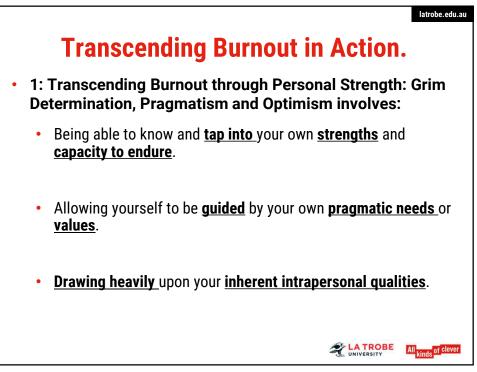


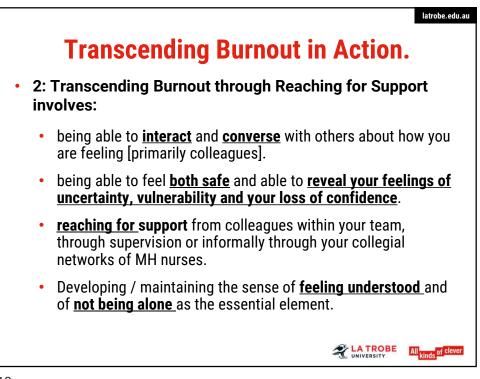


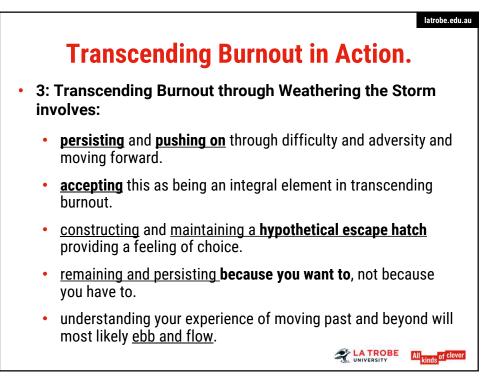


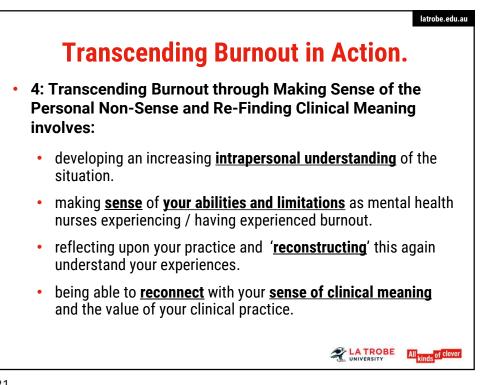


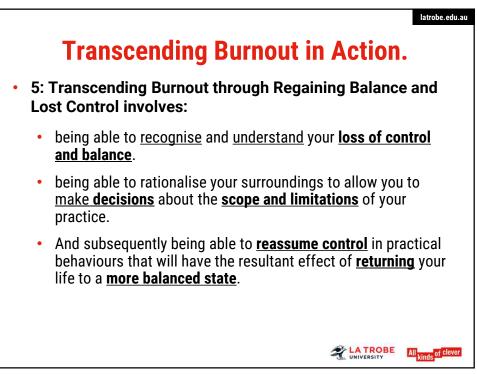


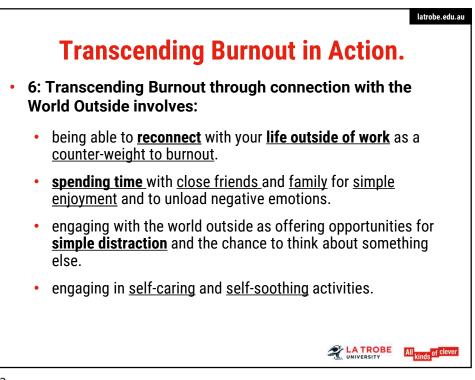


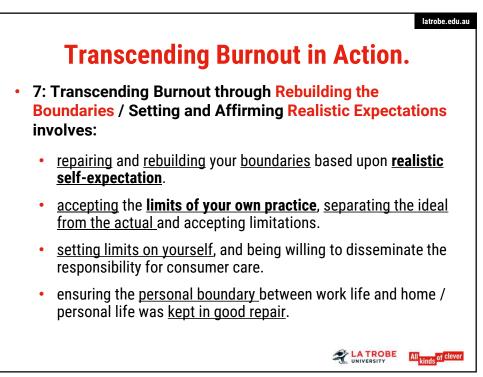


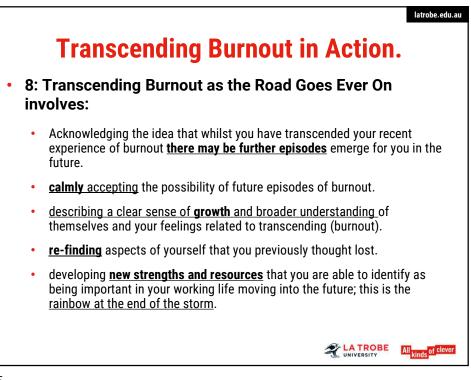


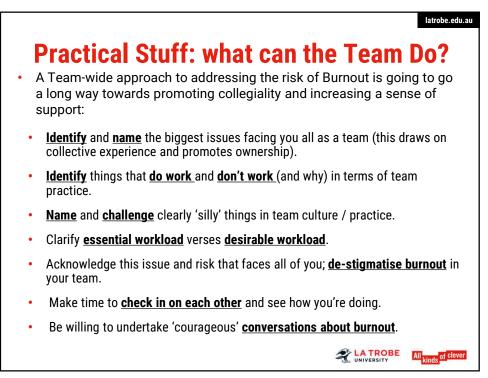




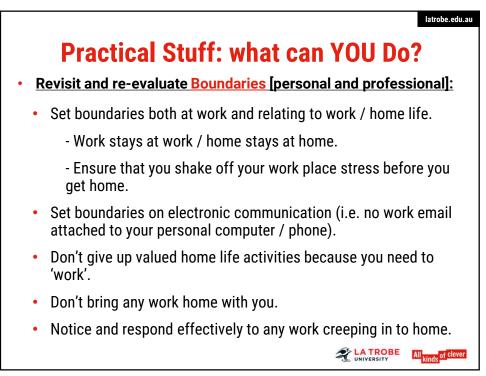


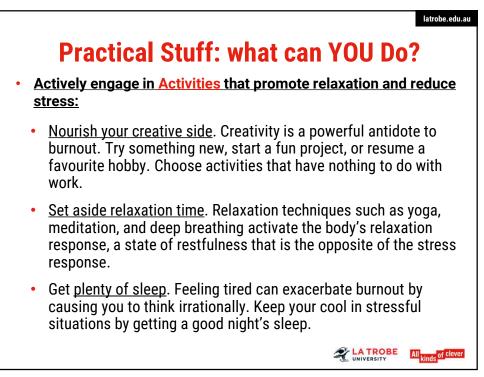


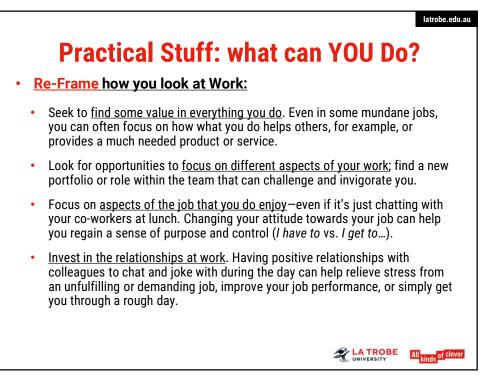


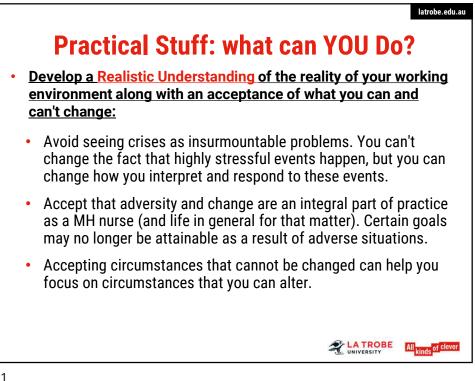


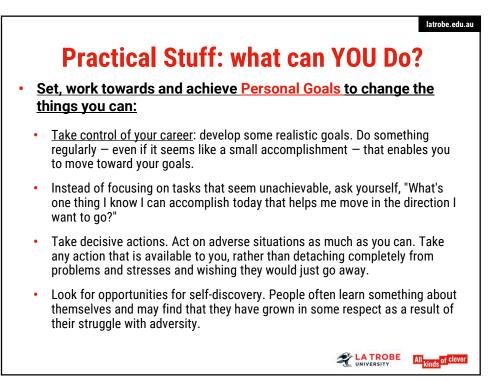


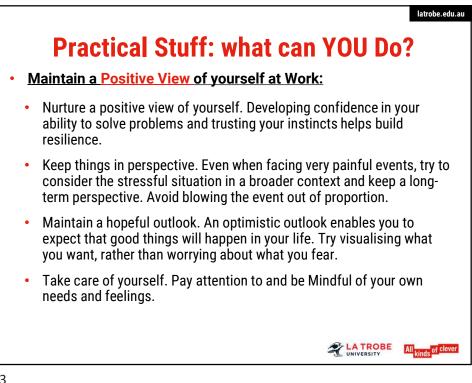












latrobe	e.edu.au
References:	
 Arnold, E & Boggs, K. (2007). Interpersonal relationships: Professional Communication Skills for Nurses. (5th Ed). St Louis: Saunders. 	t
 Barkway, P. (2009). Psychology for health Professionals. Sydney: Elsevier Churchill Livingstone. 	
 Bowlanda, S., Biswasb, B., Kyriakakisc, S., & Edmondd, T. (2011). Transcending the Negative: Spiritual Struggles an Resilience in Older Female Trauma Survivors, <i>Journal of Religion, Spirituality & Aging</i>, 23(4), 318-337. DOI:10.1080/15528030.2011.592121 	nd
 Chandler, G. (2008) From Traditional Inpatient to Trauma-Informed Treatment: Transferring Control From Staff to Patient. J Am Psychiatr Nurses Assoc; 14(5), 363-371. DOI: 10.1177/1078390308326625 	
- Corey, G. (2017). Theory and Practice of Counselling and Psychotherapy. (9th Ed) California: Brooks/Cole.	
 Dunford, B., Shipp, A. J., Boss, R. W., & Angermeier, I. (2012). Is Burnout Static or Dynamic? A Career Transition Perspective of Employee Burnout Trajectories, <i>Journal of Applied Psychology</i>, 97(3), 637–650. 	
 Muskett, C. (2013). Trauma-informed care in inpatient mental health settings: A review of the literature. Internation. Journal of Mental Health Nursing, doi: 10.1111/inm.12012 	al
– O'Toole, G. (2008). Communication: core interpersonal skills for health professionals: Sydney: Elsevier Australia.	
 Procter, N., Hamer, H.P., McGarry, D., Wilson, R. & Froggart, T. (2014) Mental health: a person centred approach. Net York: Cambridge University press. 	w
 Roche, A., Roche, A.M. Todd, C.L. & O'Connor, J. (2007) Clinical supervision in the alcohol and other drugs field: an imperative or an option?, Drug and Alcohol Review, 26:3, 241-249, DOI: 10.1080/09595230701247780 	
 Skinner, N. & Roche, A. (2005), Stress and Burnout: A Prevention Handbook for the Alcohol and Other Drugs Workforce. National Centre for Education and Training on Addiction (NCETA), Flinders University. 	
— Stein-Parbury, J. (2014). Patient & Person 5th Ed. Sydney: Elsevier Churchill Livingstone.	
 Weber, J., & Kelly, J. (2010). Health Assessment in Nursing (4th ed). Philadelphia: Wolters Kluwer Lippincott William & Wilkins. 	ns
 Wolsko, C. (2012). Transcribing and Transcending the Ego: Reflections on the Phenomenology of Chronic Social Comparison Phenomenology of Chronic Social Comparison. <i>Journal of Humanistic Psychology</i>, 52(321). 321-349. d 10.1177/0022167811407503 	doi:
	clever
UNIVERSITY Kinds of	Chevel



