

Perinatal & Early Childhood Mental Health ECHO

FREE EDUCATION

This program is for providers who want to improve the mental health care for their patients. Led by Dr Vibhay Raykar (Infant and Child Psychiatrist) and Dr Raju Lakshmana (Perinatal Psychiatrist) and facilitated by GV Health perinatal and child mental health specialists, the program is designed to expand the capacity to care for mental health in the Goulburn Valley region. One hour sessions include a brief education session by a specialist in the field, followed by a case presentation and discussion.

Using real-time, interactive video, providers:

- Learn new approaches and skills
- Participate in-depth clinical case consultation
- Receive feedback and recommendations

What is Project ECHO®?

Extension of Community Healthcare Organisations (ECHO) is an “all teach, all learn” approach to knowledge sharing in rural and underserved communities, moving knowledge rather than people to achieve better health outcomes.

WHEN:	Monthly online sessions held on the 3rd Tuesday of each month from 12.30-1.30pm via Zoom
WHO:	Any health or welfare provider
COST:	Free
REGISTER:	camhs.admin@gvhealth.org.au

21 February 2023	Family Mental Health from a Multicultural Perspective	Ms Fatima Al-Qarakchy
21 March 2023	Primary Tokophobia	A/Prof Kirstie McKenzie-McHarg
18 April 2023	Development in Infancy	Dr Paul Robertson
16 May 2023	Bubs in Mind	Ms Kathy Eyre
20 June 2023	Mental Health Support for Expectant and New Mothers	Ms Laura Coleman
18 July 2023	The Gidget Foundation	Ms Erin Seeto
15 August 2023	Royal Childrens Hospital Infant Mental Health	Megan Chapman
19 September 2023	Mum Space//Mum Mood Booster	Ms Sarah Maher
17 October 2023	TBC	
21 November 2023	Perinatal mental health perspective in NICU	Dr Ruvanya Illesinghe