

Mental health in the workplace









6%

of all serious workers' compensation claims are for work-related mental health conditions.

7140

Australians are compensated for work-related mental health conditions

92%

of serious work-related mental health condition claims are attributed to work related mental stress.

Mental health is a workplace issue but what are the specific types of workplace mental health hazards we should look out for?

- High or low job demands
- Low job control
- Poor organisational change management
- Poor support
- Workplace aggression or traumatic events

Mental health is a workplace issue but what are the specific types of workplace mental health hazards we should look out for?

- Remote or isolated work
- Poor workplace relationships
- Low role clarity or role conflict
- Poor organisational justice
- Low recognition & reward
- Poor environmental conditions

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action to
protect
workplace
mental health**

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QUESTIONS?



Healthy Communities