Graduate Nurse & Midwife Program 2019

GVHealth
Centre for Nursing & Midwifery Practice, Education and Research
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GOULBURN VALLEY HEALTH

Goulburn Valley Health (GV Health) is a 280 bed acute and extended care facility which provides Surgical, Medical, Rehabilitation, Paediatric, Neonatal, Obstetrics and Gynaecology, Intensive Care, Haemodialysis, Oncology, Maternity and Psychiatry services as well as extended care and regional services. It has two smaller sites at Rushworth and Tatura with acute and aged care beds. GV Health provides community services that complement its inpatient role, such as Hospital in the Home, Diabetes Education, Continence, Geriatric Evaluation and Management, Home Based Nursing and Allied Health.

A high incidence of road accidents, skin cancer, farm injuries and work safety accidents occur in our region, a characteristic that we share with other rural communities.

Population numbers swell considerably during the fruit harvest season from December to March, when an estimated 10,000 itinerant workers from throughout Australia and overseas visit the region. Snake bite, cuts, scratches to the eyes from branches, injuries caused by falling from a fruit picking ladder and allergic reactions are among the most common conditions treated during the harvest season.

OVERVIEW OF GRADUATE PROGRAM

GV Health Graduate Nurse Program is recognised as an adult learning course that encourages self-directed learning. The program offers you the opportunity to practice in a supportive environment that will facilitate your transition from a student nurse to a confident practicing registered nurse. Your development of theoretical and clinical knowledge will be supported by the unit clinical area educators.

Our rural teaching hospital provides nursing graduates with a unique opportunity to broaden clinical skill and knowledge across a large diversity of clinical situations/conditions. The dedicated staff within the organisation will assist you to identify your strengths and to develop strategies for further growth by providing ongoing professional development opportunities.

ADVANTAGES OF A GV HEALTH GRADUATE PROGRAM

- Three-Four month rotations
- Clinical area educators
- Preceptors in each clinical area
- Comprehensive orientation program
- Progress review at the beginning of each rotation to find a starting point for your professional development
- Clinical appraisal each rotation to provide feedback and document progress
- No lift and patient transfer training
- Internet access on each unit
- Individual email address
- Seven paid study days
- Regular unit based education sessions
- Free immunization
- Discounted staff parking
• Salary packaging
• Study/conference leave as per EBA
• GV Health social club opportunities
• Supernumerary time at the commencement of each rotation
• Information technology (IT) training available
• Fire, safety, and emergency code training
• ADO (accrued day off) once a month for full time employees
• Self-rostering in some clinical areas
• Discounted Aquamoves gym membership
• Certificate on completion of graduate program.

ROTATIONS

Graduate rotations are offered in the Surgical Unit, Medical Unit, and Rehabilitation Unit. Some opportunity may be available to rotate into the specialty units such as the Emergency Department, Paediatric Unit, Theatre and Day Procedure Unit, Intensive Care, Haemodialysis, Oncology, Special Care Nursery, Midwifery for double degree graduates and Mental Health Services. There will be rotations to all three campuses which include Rushworth and Tatura.

You will have 3 x 4 month rotations to provide you with enough time to consolidate your skills and knowledge across 3 diverse units.

You will be expected to work and grow as part of the nursing team within the unit you are working in. You will undertake morning, afternoon and twilight shifts, and on occasion, you may be required to undertake night duty shifts when applicable.

You will submit 3 of your clinical preferences on application. The GV Health Graduate Program endeavours to secure at least one of your preferred clinical preferences for your rotation.

Clinical Areas
• Medical Unit
• SubAcute Unit
• Surgical Unit
• Rushworth
• Tatura

Specialty Areas
• Emergency Department
• Intensive Care
• Haemodialysis
• Oncology
• Mental Health
• Midwifery (BN/BM Graduates only)
• Paediatric Unit
• Special Care Nursery
• Theatre and Day Procedure Unit
• District Nursing
Medical Unit
The Medical Unit is a 40 bed ward caring for around 1000 per year. You will have the opportunity to care for a variety of patients with conditions such as: Cardiac, Diabetic, Renal, Neurological, Respiratory, Gastroenterology, Oncological, and Palliative.

The Medical Unit has an extensive in-service program with a minimum of one in-service weekly. Topics vary according to the learning needs of staff.

Rehabilitation
Mary Coram Rehabilitation Unit
Mary Coram Rehabilitation Unit provides care for 700-800 patients a year, with 20 Geriatric Evaluation Management (GEM) and 20 Rehabilitation patients on a daily basis. The 40 beds combined will offer the Graduate Nurse an opportunity to advance their rehabilitation skills in dealing with conditions such as: Chronic Obstructive Pulmonary Disease, Parkinson’s disease, Dementia, Neurological, Orthopaedic, Cardiac, and Gastroenterology. As a part of your professional development, weekly in-services are offered. Topics vary in accordance to staffing needs. There is also opportunity to attend other wards in-services if they are of interest to you.

Surgical Unit
Surgical Unit has the ability to care for 30 patients on a daily basis with around 2500 per year. There are several specialities in this unit, including: General Surgery, Urology, Orthopaedics, Ear, Nose & Throat, Gynaecology, Paediatric and Oral Surgery.

You will have the opportunity to attend in-services as well as encouraged to participate in external education.

Emergency Department
The Emergency Department currently provides a service to 35,000 patients a year. The department consists of 16 emergency beds and 8 emergency medical unit beds. The Emergency Department has approximately 10,000 high acuity patients per year. The Emergency Department also provides care for approximately 10,000 children per year.

The many educational opportunities include unit education sessions, external education which graduates are encouraged to attend, and the opportunity for postgraduate studies in emergency.

Mental Health
Goulburn Valley Area Mental Health Services (GVAMHS)
Psychiatric inpatient services include 20 acute in-patient beds (15 adult and 5 psychogeriatric assessment), 8 bed sub-acute Step-Up/Step-Down Pilot Program, 8 bed Specialist Residential Rehabilitation Program and 20 specialist psychogeriatric residential beds.

Community Mental Health Programs provide services across the life span from aged adult, adult, child and adolescent patients in a comprehensive range of programs.

Midwifery
This rotation is available for Bachelor of Midwifery and double degree Bachelor Nursing and Midwifery Graduates. The Maternity Service provides care for approximately 1,200 women per year. The unit consists of 12 Postnatal/Antenatal beds, a Birth Suite with 5 rooms and 2 assessment rooms, and a Level 2 Neonatal Nursery that has 8 cots.
Other services include Antenatal/Midwives Clinic, Domiciliary and Lactation Day Stay. The Maternity Service also works closely with community services such as Rumbalara, The Bridge (for teenage mothers), GV Family Care and Maternal Child Health.

The Maternity Unit offers a range of care models to meet the needs of the individual women.

- Midwifery Group Practice
- Midwifery and Obstetric led care though antenatal clinic
- Shared care with rural GPs and midwives at regional hospital at Cobram, Numurkah and Kyabram
- Private Obstetric Care

Mentor Support

During the program, graduate midwives will be part of the midwifery team that utilises a mentoring system. Mentoring provides guidance and support that fosters growth, personal and professional empowerment and independence.

**Mentor support will include:**

- Access to Clinical Area Educator (CAE)
- Access to Midwifery Clinical Coach (MCC)
- Access to Clinical Support Nurses (Evening/Weekend Shifts)
- Midwifery team support
- Centre for Nursing and Midwifery Practice, Education and Research support
- Informal debriefings with CAE or relevant mentor
- Invitation to monthly maternity ward meetings
- Orientation to each area

**Clinical Experience**

The program will be based on a contemporary midwifery philosophy which includes the following:

Clinical placement rotations to provide opportunities of working with women throughout the continuum of the maternity episode may include- booking in clinic, antenatal clinic, midwives clinic, antenatal education, birthing suite, postnatal unit, neonatal care unit, lactation consultant clinic, domiciliary midwifery service and other community services such as the Rumbalara Clinic and The Bridge.

**Professional Development and Competency Components of Program**

GV Health provides all staff with the opportunity for professional development. Continuing education is a mandatory component of contemporary midwifery practice.
The Graduate Midwife Program has the following requirements:

Self-assessment as a basis for setting learning objectives and action plans. A list of clinical skills will be provided for the graduate to consider and assess own confidence and competence in completing these. If a more detailed list of elements for each of these skills is required the CAE can provide this.

- Completion of hospital and midwifery specific competencies
- Completion of training to attend Lower Uterine Segment Caesarean Sections (LUSCS)
- Attendance at hospital in-service sessions
- Presentation of an education session to colleagues - case of interest/ informal surroundings is encouraged
- Key Activities of Position Description
- A list of key activities of the position description the graduate midwife will be expected to demonstrate at the end of the program:
  - Practice midwifery in accordance with the National Scope of Nursing and Midwifery Practice & Goulburn Valley Health Policies
  - Acknowledge the importance of woman centred care
  - Be responsible and accountable for own practice
  - Be involved in policy and planning regarding midwifery care
  - Participate as an effective team member of Maternity Services, working with other health professionals within GV Health
  - Promote the professional role of the midwife within GV Health and through community networks


Paediatrics

Paediatric unit is able to care for 24 patients on a daily basis with around 1500 patients per year. The unit caters for children from birth to 17 years across most paediatric medical and surgical specialties. These include: Oncology, Orthopaedics, Ear, Nose & Throat, Paediatric Home and Community Nursing, Paediatric Diabetes, Asthma Education Programmes and Paediatric Outpatient services.

An extensive in-service program is offered and a Clinical Area Educator is also available within this specialised unit.

Theatre

The combined operating room complex includes Day Procedure Unit, Theatre and Central Sterilising Services Department.

There are 3 operating theatres, with a 6 bay recovery room.

Day Procedure consists of 12 beds, 4 reclining chairs and a treatment room.

Central Sterilising Services Department (CSSD) caters for the cleaning, decontamination; packaging, tracking and subsequent sterilisation of theatre instruments and provides a service for areas external to the operating suite.
Theatre performs approximately 6000 procedures for patients per year. You will have the opportunity to attend all in-services within the unit as well as encouraged to attend external education.

**Intensive Care Unit**
The Intensive Care Unit at GV Health is a combined ICU, CCU and HDU, with an 8 bed capacity. It is classed as a level 2 ICU serving the Western Hume Region as a major referral area. The ICU supports 700-750 admissions per year. The ICU has an Intensivist who co-ordinates medical management of all ICU and HDU patients. The ICU has a variety of therapies from invasive and non-invasive ventilation, continuous cardiac output, haemofiltration and invasive monitoring such as arterial lines. The ICU offers a Rural Critical Care course specialising in Emergency, Coronary and Intensive Care nursing.

**Haemodialysis**
The Haemodialysis Unit is open 6 days per week, Monday to Saturday. There is currently capacity to dialyse 21 patients. Our patients all have end stage renal failure requiring Haemodialysis treatment of which they require 3 times per week.

We currently provide dialysis over 3 sessions (AM and PM - Monday, Wednesday and Friday, and AM only on Tuesday, Thursday and Saturday). We are open from 7:00am to 7:30pm on Monday, Wednesday, Friday and 7:00am to 3:30pm Tuesday, Thursday and Saturday. We offer a small team environment where we manage our chronically ill population. We currently have a diverse range of patients aged 15 to 74 with a diverse range of nationalities and cultures. We run approximately 2900 treatments per year and are a St. Vincent’s Satellite Unit.

**Oncology**
The Oncology department currently provides an inpatient/outpatient service for both Oncology and Haematology patients. We also provide a service for some specialized treatments for Rheumatology and Neurology patients. The Oncology department operates Monday to Friday and currently care for approximately 600–700 patients per year.

**SUPPORT FOR GRADUATES**

**Clinical Area Educator**
The Clinical Area Educator is primarily a teaching resource for you and nursing students undertaking programs and courses conducted by GV Health. Clinical Area Educators assist in the provision of high quality clinical area orientation, ongoing theoretical development and evaluation and in the professional development of staff.

**Preceptorship**
GV Health strives to develop a positive clinical learning environment for you. The preceptorship model allows you to feel supported within the clinical environment. You will have at least one preceptor, who works shift work. This alone enhances the support for the graduate in all hours of the day or night.

**Clinical Support Nurse**
A clinical support nurse works in the afternoons and on some weekends to support new staff and graduates in the organisation.
Orientation
Your first week at GV Health will include a comprehensive orientation program run by the Human Resources department and the Centre for Nursing Practice, Education and Research. The orientation program is the same as all employees receive, however as you are a beginning practitioner, nursing offers a little extra to get you up and going.

Supernumerary Days
Each graduate is allocated supernumerary time. During this time the graduate works closely with the Clinical Area Educator to assist with their transition into the clinical environment.

EDUCATION

Graduate Study Days
The Graduate Nurse Program offers 4 paid study days during the 12 month period. The study days consist of both theoretical and clinical content, which is based on the individual learning needs of the graduates. Previous topics include pain management, fluid management, ECG’s, medication management, cardiac, including chest pain management and respiratory, including Non Invasive Ventilation, cultural awareness, the deteriorating Patient. Each session is conducted by experienced nurses within the specific field. Graduates also have the opportunity to use the on-campus University of Melbourne clinical skills laboratory to practice their nursing skills.

The Centre for Nursing & Midwifery Practice Education and Research
GV Health is proud to be a teaching hospital. Graduates are expected to complete the Mandatory Training requirements for nurses/midwives at GV Health. There is also recommended educational training available that Graduate Nurses are encouraged to complete as part of their professional development.

REMUNERATION AND CONDITIONS

All registered nurses employed within Victorian public hospitals work under the Victorian Nurse’s Award.

Pay rates
As per Victorian nursing award.

Penalties
As per Victorian Nurses award
Weekend rates are time and a half.
Public holiday rates are double time.
Additional penalties apply for afternoon shifts and night duty shift.

Personal Leave
You are entitled up to 12 days per year, pro-rata with a medical certificate.
Salary Packaging
GV Health is a public benevolent institution which is exempt from paying the usual level of fringe benefits tax. Management of the hospital wishes to pass the tax savings on to its valued employees, so the first $17,000 of grossed up fringe benefits are tax free. Salary Packaging options will be discussed at orientation. Appointments can also be made through Maxxia.com.au

Uniform/ Laundry Allowance
As per GV Health policy.
RECRUITMENT AND SELECTION PROCESS DURING 2018

All prospective graduate nurses wanting a graduate nurse position at GV Health are required to apply through the Postgraduate Medical Council of Victoria (PMCV) computer match process. This process allows students to apply to only 4 hospitals.

PMCV can be contacted on (03)94191217 or via email: pmcv@pmcv.com.au

It is important to note, that prospective graduates must also apply directly to each of the four individual hospitals they have nominated.

Monday 4th June

Online registration of candidates opens at the PMCV computer matching service website: http://compuermatching.pmcv.com.au

Each Candidate will be required to log onto the GV Health website to apply online. GV Health online recruitment opens late May/early June. You must register as a user prior to applying online, click on the following link.


Friday 20th July

Closing Date for Candidates

• To submit Candidate's Priority List (CPL) to PMCV
• To submit applications to Hospitals/Health Services (Note: All participating health services must not close their application process prior to this date) from Matching Website.

Friday 14th September

Closing Date for Candidates

• To re-order preferences (via login by 23:59)
• To withdraw from Match (via login by 5pm)

24th September- 8th October

Computer Matching Allocation Process

• Computer Matching Algorithm to match candidates to health services

Tuesday 9th October

Match Results Available

• Computer Matching results are available to candidates and hospital administrators via the PMCV computer matching website (login required).
• One round of offers only.
• Candidates who decline their matched offer are NOT eligible to apply for another position from another health service.
• Health Services are reminded they CANNOT offer a position to a candidate who has been matched elsewhere.

APPLICATION PROCESS

All applicants will be required to apply online.

Required documents for online applications include:
- Resume
- Cover letter
- Certified copy of your academic transcript with results legend
- 2 clinical referees
- Passport photo

The Interview
Conducted between Monday 30th July - Friday 14th September

GV Health conducts their interviews both in groups and individually. There will an interview panel made up of the graduate program coordinator, unit managers, and nurse educators, with a maximum of 3 interviewers on each panel. Candidates will be notified of what interview they have been selected, so they can prepare accordingly.

All applicants are required to bring:

• 2 most recent clinical appraisals
• Copy of current Resume
• Academic transcript
• Nursing / Midwifery registration if available

Each applicant will be scored on:

• Academic ability
• Interview
• Application presentation

POST GRADUATE OPPORTUNITIES

GV Health has close affiliation with both Melbourne University and La Trobe University offering post graduate opportunities. Post Graduate Certificate and Diploma in Nursing Practice opportunities include:

• Rural Critical Care
• Perioperative
• Paediatrics
• Mental Health
• Midwifery
FACILITIES & SERVICES

Gym Membership
GV Health has a close affiliation with Aquamoves lakeside Gym and Fernwood Gym, Shepparton. The opportunity to purchase discounted membership is available to all staff employed by GV Health.

Library
The library has a broad range of books, journals, and audiovisual materials for loan. All staff can use the library to access the internet, fee-paying photocopiers, colour printers, bibliographic databases and the Clinician's Health Channel.

Speciality Shops
On-campus there is a well recommended cafeteria and a coffee shop located on ground floor available to all staff and public.

Shepparton Website
Visit the Shepparton website for information about the opportunities and life-style to be experienced in the Greater City of Shepparton.

www.shepparton.vic.gov.au

FURTHER INFORMATION
You can obtain further information by viewing our internet site - www.gvhealth.org.au or by calling the Graduate Nurse Program Coordinator on (03) 58238622 or emailing kate.moroney@gvhealth.org.au or Midwifery Educator on (03) 58238629 or hayley.summerville@gvhealth.org.au
## Description of Hospital

Goulburn Valley Health (GV Health) in northern Victoria is just 2 hours drive from Melbourne with proximity to alpine snowfields, rivers and lakes, wineries, the arts; we enjoy glorious weather, great lifestyle and the sports and attractions of a major regional city. Are you looking for an opportunity to broaden your horizons and get away from hectic city life?

GV Health is a major regional public health service, with main campuses located at Shepparton, Tatura and Rushworth and additional sites in Shepparton, Seymour, Echuca, Cobram, Benalla and Wodonga. GV Health provides a range of acute, mental health, aged and primary health and community support services across the Goulburn Valley Sub Region of the Department of Health & Human Services, Hume Region. The main campus in Shepparton is the major acute referral site for the sub region. GV Health also enjoys strong relationships with a range of Universities for both undergraduate and postgraduate studies.

Some of the great benefits of working for GV Health:

- Wide range of specialties for staff, salary packaging, work/life balance, support culture based on recognition and reward, employee assistance programs, Glass House café serving breakfast, lunch, coffee and cakes, excellent professional development opportunities, paid maternity and paternity leave, social club, discount gym/pool membership and competitive remuneration.

### Bed Allocation

- **280 beds**

### Number and Type of Beds

- General medical and surgical, ICU, Emergency Department, orthopaedics, urology, obstetrics & gynaecology, paediatric, oncology, haemodialysis, rehabilitation, aged care and, mental health. Operating theatres and day procedure unit have a combined monthly throughput of approximately 540 patients. The Emergency Department has an expected annual throughput of over 32,000. The hospital also provides a multitude of community services such as hospital in the home, diabetes education, community nursing and facilitation of a range of allied health services. Rotation opportunities are spread over the 3 campuses, which include Shepparton, Rushworth and Tatura. Postgraduate education opportunities are actively supported at GV Health in Critical Care, Perioperative, Child Health, Mental Health and Midwifery streams. Opportunities for rotation to midwifery are possible for graduates who have completed a degree in midwifery.

### GRADUATE YEAR PROGRAM

#### Aim of Program

To provide the Graduate with individualised and well supported learning experiences that assist in the smooth transition from student to competent and confident practitioner.

### Double Degree Graduates

Midwifery graduates welcome to apply.

### Number of Positions Available

- **35**

### Intake Dates

- **January 2019**

### Interviews Required

- **Yes**

### Hospital Requirements

Eligible Candidates must apply through both the PMCV Computer Match and online at: [www.gvhealth.org.au](http://www.gvhealth.org.au) and go to the Graduate Nurse Program link.

Please include with application and bring to interview:

- Cover Letter
- Resume with photo identification attached
- Evidence of citizenship / visa status (birth certificate or passport)
- Certified copy of Academic Transcript including results key
- Two most recent Clinical Appraisals.
- Police check and Working with Children Check

Further information on the Graduate Program can be obtained via the GV Health Web page.

### Full Time or Part Time Positions

- **Part Time (64 hours/fortnight) positions are available.**

### Closing Date for Applications

- **Friday 20\(^{th}\) July 2018**

### External Rotations

- **No**

### Honours Program Available

- **No**
### Description of Hospital

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### Bed Allocation

- 280 beds

### Midwifery Unit

The Maternity Service provides care for approximately 1,200 women per year.

- The unit consists of 12 Postnatal/Antenatal inpatient beds, a Birth Suite with 5 rooms and 2 assessment rooms, and a Level 2 Neonatal Nursery that has 8 cots.
- Other services include Antenatal/Midwives Clinic, In-home postnatal care, Midwifery Group Practice and Lactation Day Stay.
- The Maternity Service also works closely with community services such as Rumbalara (Aboriginal Health Services), The Bridge (for teenage mothers), GV Family Care and Maternal Child Health.
- The Maternity Unit offers a range of care models to meet the needs of individual women.

### GRADUATE YEAR PROGRAM:

#### Aim of Program

To provide the Graduate Midwife with individualised and well-supported learning experiences that assist in the smooth transition from student to competent & confident practitioner.

#### Double Degree Graduates (BN/BM)

May also like to apply through the Graduate Nurse Program if seeking time in each area.

Contact: Ms Sophie Summers: Kate.moroney@gvhealth.org.au

#### Number of Positions Available

1

#### Program

Self-directed flexible program to meet your needs.

#### Intake Dates (x1)

January 2019

#### Interviews Required

Yes

#### Hospital Requirements

- Eligible Candidates must apply through both the PMCV Computer Match and online at www.gvhealth.org.au and go to the Graduate Midwife Program link
- Please include with application and bring to interview:
  - Resume
  - Certified copy of Academic Transcript including results key
  - Two most recent Clinical Appraisals
  - Police check and Working with Children Check
- Further information on the Graduate Midwife Program can be obtained via the Goulburn Valley Health Web page.

#### Length of Program

Full time (80 hours/ fortnight) and part time as negotiated.

#### Closing Date for Applications

Friday 20th July 2018

#### Rotations

All areas in the midwifery unit

#### Honours Program Available

No