



## WELCOME!

to the Children's Ward. This unit cares for approximately 1500 children and teenagers annually from across the Goulburn Valley (and beyond). There are 24 bed spaces.

## DOCTOR'S ROUNDS

Paediatricians usually visit the ward between 8.30-9.30am. Please be present during this time if you need to see or speak to a doctor. Other doctors visit at various times throughout the day

## STAYING WITH YOUR CHILD

Overnight accommodation for 1 parent/caregiver is available on the ward. In certain circumstances\*, and at the discretion of the nurse in charge, an additional 1 primary caregiver may be able to stay. This will either be a bed in the Parent's Unit (on the ward) or in a recliner by the child's bed. Breast feeding mothers have priority over the use of recliners. Bathroom facilities are located in the Parent's Unit. Children are **NOT** permitted in the Parent's Unit. It is a quiet place for parents to rest. It is important to tell the staff if you give your child any food or drink, other than that provided, so it can be recorded.

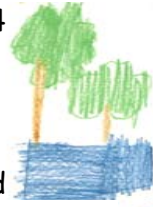
\* Parents from outside Shepparton or acutely unwell patients, and subject to bed (accommodation) availability



## WHAT TO BRING TO HOSPITAL

- Pyjamas
- Casual/comfortable clothes
- Toiletries/toothbrush/paste
- Brush/comb
- Formula (if applicable)
- Nappies (if applicable)
- Dummy/comfort toy
- Your Child Health Booklet

**PLEASE NAME ALL ITEMS**



## MEALS

Your child's meals and snacks are provided. Please let us know if they require a special diet.

Meals for parents can be purchased from the dining room from 11.30am-1.30pm weekdays only, or at the Glasshouse Café, Monday-Friday 7.30am-7.30pm and Saturday -Sunday 8.30am-7.00pm Breast feeding mothers are provided a meal. **NO MEALS ARE TO BE EATEN AT PATIENT BEDSIDE UNLESS PROVIDED BY THE HOSPITAL.**

## BABY FORMULAS

The ward stocks

- S26 from birth
- Nan
- Low Lactose formula
- Soy based formula

If your child requires a different formula, you will need to provide this.



## NAPPIES

On admission to the ward, you will be provided with a quantity of nappies. When they have been used, you will need to provide your own.

## MEDICATIONS

While your child is in hospital, we will provide medications and ask that you do not administer any other medications.

Please inform your nurse of any medications taken regularly at home.

## DISCHARGE MEDICATIONS

If required, you will be given a script for any new medications. This can be filled at the hospital pharmacy or at a pharmacy in the community.

A cost is involved with all scripts.

## VALUABLES & SECURITY

The doors at the entrance to the ward are locked 24 hours a day. Please ring the door bell and when answered, let the staff know who you are and the person you would like to see. Be patient if the door is not answered immediately.

Please note that we are not responsible for any valuables that are brought to hospital. Please keep handbags/wallets with you at all times.



### TOILETS/NAPPY CHANGE

Public toilets & nappy change facilities are located outside the ward entrance.

### PHONE

The public phone is located near the dining room, at the foot of the stairs.

A portable phone is available for incoming calls and we ask that you limit the use to 5 minutes. The use of mobile phones is restricted to outside patient care areas such as entrance foyers, and corridors.

### LEAVING THE WARD

It is vital, for safety reasons, that if you are planning to leave the ward with your child, that you inform the nurse looking after you.

### PLAY THERAPIST

The Play Therapist hours are 9am-1pm Monday to Friday. Activities are organised for this time.

The Playroom is open until 8pm but all children must be supervised by an adult while in the playroom.

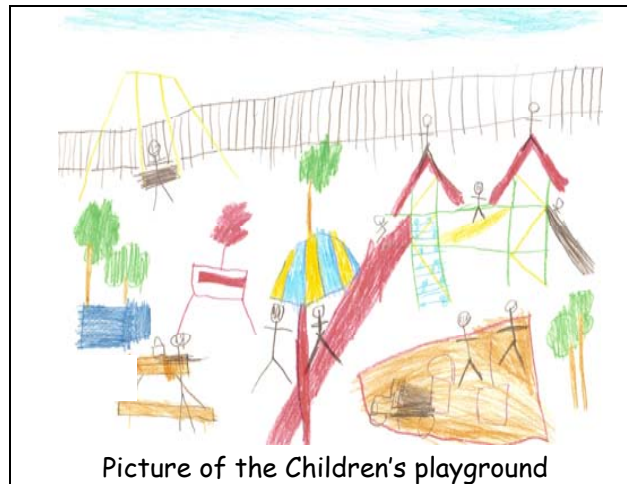
**Please tidy up after you have finished playing.**

### MOVIES & GAMES

The ward has a selection of videos and DVDs (rated G, PG & M). The Video/games consoles are for use, on a shared basis, for all patients.

### PEOPLE YOU MAY SEE IN HOSPITAL

- Doctors
- Nurses
- Cleaning Staff
- Kitchen Staff
- Audiologist
- Radiology
- Pathology
- Dietician
- Maintenance
- Students (Medical & Nursing)
- Ward Clerk
- Social Worker
- Speech Therapist
- Physiotherapist
- Occupational Therapist
- Diabetes Educator
- Community Nurses
- Volunteers
- CAMHS Staff (Child & Adolescent Mental Health)



Picture of the Children's playground

Publication No: GVH0196  
Produced by Paediatric Unit  
For Review: October 2007

**GV Health promotes a smoke free environment**

[www.gvhealth.org.au](http://www.gvhealth.org.au)



## WELCOME TO CHILDREN'S WARD



**WARD PHONE  
03 5832 2660**

### VISITING HOURS

**Parents Welcome 24 Hours**

**ALL OTHER VISITORS**

**9am - 12.30pm**

**2pm - 8pm**

**REST PERIOD 12.30-2pm**

**NO VISITORS PLEASE**